

Handbook of the Streets

Saint Paul

2022–2023
17th Edition

**A Resource Guide for
People in Need**

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prepared by



Hotlines/Emergency Phones

Coordinated Access to Housing and Shelter (see page 12)

Phone: 651-215-2262 (families)

Provides: Housing & support services for Ramsey Co. families who are homeless or at risk of becoming homeless.

Cornerstone

24-Hour Crisis Phone: 952-884-0330, toll-free 1-866-223-1111, or text to 612-399-9995.

Provides: Crisis advocates and trained volunteers are available to talk confidentially with anyone experiencing domestic violence, sexual violence or human trafficking. Emergency housing for families and individuals in crisis who are victims of domestic abuse, sexual abuse or trafficking.

Crisis Text Line

Text MN to 741741 to be connected to a counselor who will help diffuse a crisis and help connect to local resources.

Hours: 24 hours a day, 7 days a week

Metro Shelter Hotline (see page 10)

Phone: 1-888-234-1329

Minnesota Food Helpline (see page 7)

Phone: 1-888-711-1151 (Multilingual assistance is also available)

Provides: Statewide food resource information & referral helpline. Assists in locating food resources (food shelf and/or hot meal).

Ramsey County Crisis Outreach (see page 40)

Phone: 651-266-7900

Provides: 24/7 assessment, referral and mobile outreach for adults in Ramsey County experiencing a mental health crisis.

SafeZone (see page 10)

Phone: 651-224-9644

Provides: Housing & support services for Ramsey Co. youth who are homeless or at risk of becoming homeless.

Suicide Prevention

Phone or Text: 988.

United Way 2-1-1

Phone: 211 or 651-291-0211 (cell phone users must dial whole number)

Referrals to social services and other community resources

Women's Advocates (see page 13)

Phone: 651-227-8284

Live Chat: www.wadvocates.org/find-help/

Battered women's shelter hotline

Youth Services Network

Website: www.ysnmn.org

Provides: Resources for youth to find shelter and services.

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We are grateful to volunteers Sylvia Bachmann, Jenna Fadlalla, Cheryl Meyers, and Wendy Thompson for making many phone calls to update agency information throughout the book.

Special thanks to Terry Hildebrandt from the Salvation Army district headquarters and Therese Gales from Catholic Charities who once again helped update their many listings in the handbook.

If you find errors or omissions in this book, or have any other suggestions for future editions, please call me at 612-870-2283 or send an e-mail me at mike.menner@agatemn.org so that we may continue improving the handbook.

*Mike Menner
Agate Housing and Services
September 2022*



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Section I. The Essentials

A. Clothes Closets

Alley Shoppe

1115 Greenbrier Street, St. Paul MN 55106 (*Arlington Hills Lutheran Church*)

Phone: 651-771-5501 ext. 100

Hours: Call for appointment Monday–Thursday between 9 am–3 pm. Open by appointment only Tuesdays 9:30 am–1 pm. Open September–May. Closed holidays.

Remarks: Free clothing, bedding and small household goods, toy giveaway in December. Eligibility determined by clergy, schools, social workers, financial workers, Catholic Charities, Eastside Family Center or Salvation Army.

Department of Indian Work

3080 Centerville Road, Little Canada MN 55117

Phone: 651-789-3849

Hours: By appointment only. Monday 1–6 pm; Tuesday–Thursday 9:30 am–2:30 pm. Closed Fridays.

Remarks: Only serves Native Americans.

Joseph's Coat

1107 West 7th Street, St. Paul MN 55102

Phone: 651-291-2472 **Website:** www.josephscoatmn.org

Hours: *Due to COVID-19, shopping will be done by appointment only.* Monday–Thursday 9 am–3 pm. Call to schedule, and check their website for new protocol measures and possible schedule changes.

Remarks: Clothing, small household items, and personal hygiene items. Can come once a week; photo ID required.

Union Gospel Mission Twin Cities

435 University Ave E, St. Paul MN 55130

Phone: 651-789-7606

Hours: Donations received 9 am–1 pm Monday–Saturday

Remarks: Free clothing and personal hygiene items available for men in the emergency shelter or in pay beds only. Men may visit the Donation Center between 4–5:30 pm Monday–Friday or Saturdays 1–3:00 pm.

The following provide clothing and furniture at low cost:

Goodwill

1239 University Avenue West, St. Paul MN 55104

Phone: 651-646-0377 **Website:** www.goodwilleasterseals.org

Hours: Monday–Saturday 10 am–8 pm; Sunday 11 am–6 pm. Donations accepted up to one hour before closing.

Remarks: Check the website or call for other locations. There are more than 30 Goodwill stores across the metro area.

St. Vincent dePaul Society

461 West 7th Street, St. Paul MN 55102

Phone: 651-227-1332 **Website:** www.svdpmpls.org

Hours: Monday–Friday 9:30 am–5 pm; Saturday 9:30 am–3 pm.

Remarks: Low-cost items (not free).

Salvation Army Store

1907 Suburban Avenue, St. Paul MN 55119

Phone: 651-731-7893

Hours: Monday–Saturday 9 am–9 pm. Open Sundays 12–5 pm to receive donations only.

B. Food Resources

Department of Indian Work

3080 Centerville Road, Little Canada MN 55117

Phone: 651-789-3849

Hours: By appointment only. Monday 1–6 pm; Tuesday–Thursday 9:30 am–2:30 pm. Closed Fridays.

Remarks: Only serves Native Americans.

Hallie Q. Brown/MLK Center

270 North Kent, St. Paul MN 55102

Phone: 651-224-4606

Hours: By appointment. Monday–Friday 1:30–4:30 pm. Fresh produce and breads available.

Remarks: May use twice a month for those in service area. Also have food shelf delivery available.

Keystone Community Services

To be eligible for Keystone food shelf services, you must:

- Establish a need.
- Have an income within 200% of the federal poverty guidelines.
- Live in the Keystone service area, from downtown St. Paul to Roseville, from Little Canada to Midway and North End areas of St. Paul.
- All locations will be first come, first served.

Midway

1916 University Ave. W., St. Paul MN 55104

Phone: 651-917-3792

Hours: Walk-in only, first-come first-served; Monday, Tuesday, Thursday and Friday 10 am–12 pm and 1:30–3:30 pm; Wednesdays 10 am–12 pm and 5–7 pm.

Rice Street

1459 Rice Street Suite 3, St. Paul MN 55117

Phone: 651-487-2792

Hours: Walk-in only, first-come first-served; Monday, Tuesday, Thursday and Friday 10 am–12 pm and 1:30–3:30 pm; Wednesdays 10 am–12 pm.

Merrick Community Services

1669 Arcade Street, St. Paul MN 55106

Door 2A for curbside pickup; no indoor services

Phone: 651-287-2088

Hours: Monday 3–5 pm; Tuesday–Thursday 10 am–12 pm.

Remarks: Call to register before first visit.

Service Area: East Side St. Paul residents who live in Merrick's service area.

Minnesota Food Helpline

Phone: 1-888-711-1151 (*Multilingual assistance is also available*)

Hours: Monday–Friday 8:30 am–4:30 pm.

Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application. Assists callers in locating food resources in their own community such as a food shelf and/or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children) and NAPS (Nutrition Assistance Program for Seniors).

Neighborhood House

179 Robie Street East, St. Paul MN 55107

Phone: Service Connect Number: 651-789-3602

Remarks: Call Service Connect number for hours and information.

Ralph Reeder Center

2544 MoundsView Blvd., MoundsView, MN 55112 (*SilverView Plaza*)

Phone: 651-621-6280

Hours: Appointment only. Call Monday–Friday 9 am–3 pm to set an appointment. Appointments are available during the day Monday through Friday, as well as Tuesday evenings.

Service Area: Arden Hills, MoundsView, New Brighton, Shoreview, northern Roseville, and the Ramsey County portion of St. Anthony.

Remarks: Clients may use food shelf twice a month. Request that adults bring photo ID. Indoor shopping & curbside pickup available.

Salvation Army-East Side

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

Hours: Walk-in, first come first served. Monday 9 am–12 pm; Tuesday–Thursday 8 am–12 pm and 1–4 pm; Friday 8 am–12 pm.

Service Area: Larpenteur (N) to Burlington Northern RR tracks and Grove (S); 35E (E) to English and Johnson Pkwy. (W)

Remarks: Culturally specific food available. Can use once a month,

Salvation Army-St. Paul Citadel

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-4316

Hours: Monday–Thursday 10 am–12 pm.

Service Area: St. Paul Citadel serves those who live in 55102, 55103, 55104, 55105, 55116, and 55117 ZIP codes.

Remarks: Can be used once a week.

Salvation Army-St. Paul Citadel Brown Bag for Seniors

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-4316

Hours: First Thursday of the month 2:30–3:30 pm.

Remarks: Must be 65 years old or older to participate. Open to all ZIP codes.

Salvation Army-Lakewood

2080 Woodlynn Ave., Maplewood MN 55109

Phone: 651-770-4974 (main); **Foodshelf phone:** 651-770-0282

Hours: Appointments preferred. Monday–Friday 9 am–2pm.

Service Area: Lakewood site serves Maplewood, Shoreview, North St. Paul, Vadnais Heights, White Bear Lake and Oakdale.

Remarks: Call for an appointment. Culturally specific food available. During COVID can be used weekly. Emergency walk-ins Monday through Friday.

Salvation Army Free Produce Distributions

Items include fresh produce and other perishable items such as meat and dairy.

Salvation Army-East Side, 1019 Payne Ave., St. Paul MN 55130

Hours: Tuesdays at 11 am (arrive no earlier than 10 to get a number); Fridays at 2 pm (arrive no earlier than 1 pm to get a number).

Remarks: Numbers will be drawn at random to determine when participants may go shopping (not first come, first served).

Salvation Army-St. Paul Citadel, 401 W. 7th St., St. Paul MN 55102

Hours: Fridays from 11 am–3 pm. Open to anyone, first come first served.

St. Andrew's Community Resource Center

900 Stillwater Road, Mahtomedi MN 55115

Phone: 651-762-1964

Hours: Monday through Thursday 9:30 am–3 pm.

Remarks: No appointment needed. Also has household goods/toiletries available.

WIC Program (Women Infants Children)

Phone: 651-266-1300

Provides: Supplemental foods, nutrition and breast/chest feeding education for eligible pregnant or post-partum persons, babies and young children. Foods benefits can be used at grocery stores to purchase foods including dairy, iron-rich cereal, fruit juice, peanut butter, dry beans, whole grains, and vegetables.

Qualifications: To be eligible, you must (1) live in Minnesota; (2) be a person who is pregnant, breastfeeding, or have had a baby in the last six months to a year; be an infant, or be a child less than 5 years old; (3) be income eligible. Enrollment appointment required.

Woodland Hills Church "The Corner Shelf"

1740 Van Dyke St., Door B, St. Paul MN 55109

Phone: 651-287-3000

Hours: Wednesday and Thursday 10–11:30 am.

Remarks: Everyone is welcome, everyone will be served. All you need to provide is your name, address and date of birth upon arrival.

C. Free Meals

Breakfast

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102

Serves breakfast seven days a week from 9–9:45 am. (Continental breakfast Monday–Friday, hot breakfast Saturday and Sunday.)

Union Gospel Mission Twin Cities

435 East University Ave., St. Paul MN 55130

Breakfast served to men only 6:30–7:30 am seven days a week.

Lunch

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102

Serves lunch seven days a week from 11:45 am–12:45 pm.

Salvation Army-East Side

1019 Payne Avenue, St. Paul MN 55130

Hours: Serves lunch Monday–Friday 11:45 am–12:45 pm. Doors open at 11 am.

Union Gospel Mission Twin Cities

435 University Avenue East, St. Paul MN 55130

Lunch served to men only 12–1 pm seven days a week.

Dinner

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102

Serves dinner seven days a week from 4:30–5:15 pm.

St. Andrew's Community Resource Center

900 Stillwater Road, Mahtomedi MN 55115

Hours: Serves dinner Thursday nights from 6–7 pm.

St. Matthew's Church

510 Hall Avenue, St. Paul MN 55107

Phone: 651-224-9793

Serves dinner Monday–Friday 5–6 pm in the social hall below the church. (During Lent, Monday–Thursday only.)

Union Gospel Mission Twin Cities

435 University Avenue East, St. Paul MN 55130

Dinner served to men only 5:30–6:30 pm. seven days a week.

D. Showers

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102

Showers available during drop-in (9:45–11:30 am and 2–4 pm. Need to sign up for a Dorothy Day Center ID card at front desk first.

Union Gospel Mission Twin Cities

435 East University Avenue, St. Paul MN 55130

Showers available from 10 am–2 pm for men, whether or not they are staying at UGM, and in the evenings and mornings for men staying there. Showers are not available for women.

E. Drop-in Centers

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102

Phone: 651-647-2552

Hours: Seven days a week, 9 am–5:15 pm.

Provides: See page 9 for meals. Physical, mental and chemical health care services are available at clinic; employment training programs and job search assistance; Coordinated Entry housing assessments; access to veterans benefits, SNAP, Medical Assistance and other supports; showers and storage; laundry available Monday–Friday at 9:45 am. Cost is \$1 for a wash/dry load.

Listening House of St. Paul

464 Maria Avenue, St. Paul MN 55106

Phone: 651-227-5911

Hours: Monday–Friday 9 am–5 pm.

Provides: A drop-in center providing hospitality and practical assistance, spiritual and emotional support, information and referrals, free local phone, voice mail boxes through Open Access Connections, referrals to mental health outreach counselors; assistance obtaining state ID and birth certificates, twice a month. Socks Project gives socks to those who need them daily; and clothes/hygiene products available daily.

SafeZone

130 7th Street East, St. Paul MN 55101

Phone: 651-224-9644

Hours: Monday through Friday 10 am–6 pm. If you need shelter after 8 pm, call 651-215-2262.

Provides: Drop-in center, assistance with immediate needs, personal care items, case management, housing, jobs, and more.

F. Overnight Shelter

Metro Shelter Hotline

Phone: 1-888-234-1329 (toll free)

Remarks: Provides information about emergency shelter and transitional housing for metro-area single adults, families, and youth.

Single Adults

Coordinated Entry for Single Adults:

Single adults who are 25 years or older, currently experiencing homelessness and not staying in a shelter, will need to complete a housing assessment to determine long-term housing options. Coordinated Entry Assessments are completed at the St. Paul Opportunity Center Monday–Friday 10 am–3 pm.

Catholic Charities Higher Ground St. Paul Shelter

435 Dorothy Day Place, St. Paul MN 55102

Phone: 651-647-2350

Provides: Dignified shelter for 60 women and 172 men in safe, secured space. The women's shelter (60 bunks) and men's shelter (172 bunks) open at 5 pm and close at 9:30 am; curfew is 10 pm. Each bunk comes with an attached locker.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3100

Intake Phone (Adult Shelter Connect): 612-248-2350

Must be referred to shelter through Adult Shelter Connect.

Emergency Housing: Provides 24/7 shelter, personal hygiene items and meals for single adults experiencing homelessness. *Open to men and women*

Women's Only Shelter: Provides 24/7 shelter, personal hygiene items and meals for single adult women experiencing homelessness. *Open to women only.*

Sally's Place: A secure shelter for single adult women experiencing homelessness offering both night-by-night and 24/7 shelter. *Open to women only.*

SafeBay: A secure shelter for single adult men experiencing homelessness offering both night-by-night and 24/7 shelter. *Open to men only.*

Union Gospel Mission Twin Cities

435 University Avenue East, St. Paul MN 55130

Phone: 651-789-7599

Remarks: Sign up for emergency shelter 24/7 and attend evening service at 6:30 pm required. Showers are mandatory between 3:30–5 pm. Evening meal and breakfast provided. Sign up every day. Free clothing is available 4–5:30 pm.

Individuals can pay for their own beds at Union Gospel Mission Twin Cities in order to keep them as far ahead of time as they want to stay. Beds cost \$7 a night, which includes breakfast, lunch, and evening meal.

Families

Coordinated Entry for Families:

Coordinated Access to Housing and Shelter

1740 Van Dyke Street, Maplewood MN 55109 (*Woodland Hills Church*)

Intake: Call United Way 211 at 651-291-0211 to complete an initial eligibility review.

Phone: 651-215-2262 **Hours:** 7 am–4:30 pm.

Remarks: Specialists will conduct a further intake assessment to help determine the most appropriate referral for housing / shelter for each family based on the needs of each individual family, and also based on openings as they are available.

St. Andrew's Community Resource Center

900 Stillwater Road, Mahtomedi MN 55115

Phone: 651-762-9124

Intake Hours: Monday–Thursday 8 am–4 pm.

Provides: Shelter and support services for families with dependent children in both Washington Co. and suburban Ramsey Co.

Victims of Abuse and Crime

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111.
Text to 612-399-9995.

Provides: Emergency housing for individuals or families in crisis who are victims of domestic abuse, sexual abuse or trafficking. Clients also have access to full range of supportive services, including legal, parenting, therapy and transitional housing.

Esperanza United (formerly Casa de Esperanza)

24-Hour Crisis/Intake phone: 651-772-1611 (bilingual)

Provides: Safe shelter for women and children. Support for LGBT community members.

Services: Will help find transitional housing as well as apply for welfare assistance if needed. Community advocacy programs for Latinas also available. Bilingual (English/Spanish) staff.

Women of Nations—Eagle's Nest Shelter

24-Hour Crisis/Intake phone: 651-251-1609 or 1-877-209-1266
Safe shelter for 44 women and children who are victims of domestic violence. Can provide referrals if needed.

Services: Community Advocacy Program provides assistance obtaining Orders for Protection, housing, food, support groups and children's programs.

Women's Advocates

24/7 Crisis Line: 651-227-8284

Live Chat: www.wadvocates.org/find-help/

Provides: We provide 24-hour support to victim-survivors of domestic violence on our 24/7 crisis line and live chat online; secured shelter housing for victim-survivors and their children leaving abuse; advocates who work within the legal system to write orders for protection and other legal documents; advocates who provide childcare and tutoring for children residing in-shelter; advocates who provide support for victim-survivors searching for or maintaining safe, affordable housing

Remarks: Some services are for shelter residents only. Please contact us via the 24/7 Crisis Line or live chat to learn more.

Youth

Ain Dah Yung

1089 Portland Avenue, St. Paul MN 55104

Phone: 651-227-4184

Website: www.adycenter.org

Provides: Emergency shelter and residential transitional living program for ages 16–21. Permanent supportive housing program for ages 18–24.

Services: In-house counseling is offered for residents and families. After school programming and support services.

Remarks: Call for intake appointment.

The Bridge

1111 West 22nd Street, Minneapolis MN 55405

24-Hour Crisis Phone: 612-377-8800. Text to 612-400-7233.

Remarks: Space for 10–17 year olds. Call to see if space is available.

Services: Youth support groups, individual, and family counseling. Teen parenting program for 16–20 year olds with one child age 0-2.

LSS Safe House

Phone: 651-644-3446

Provides: Safe shelter for youth ages 16–20 (all genders) who do not have a safe place; referrals can be from community youth workers or by self-referral; open 24/7.

Intake procedures: Call the Ramsey County Joint Shelter Line at 651-444-5757 between the hours of 10 am and 10 pm.

Salvation Army Booth Brown House

1471 Como Avenue West, St. Paul MN 55108

Phone: 651-646-2601 *Ramsey Co. Joint Shelter Line:* 651-444-5757

Provides: Shelter, personal hygiene items for homeless single youth, ages 18–21. Call Joint Shelter Line for bed availability.

G. Transitional & Supportive Housing

Beverley A. Benjamin Youth Lodge

1212 Raymond Avenue, St. Paul MN 55108

Phone: 651-632-8923

Provides: Transitional housing promoting self-sufficiency for up to 6 youth ages 16–21. Geared for Native American youth (but open to all) in need of long-term housing. Independent living skills and job search assistance provided. Youth must be either in school or working to participate in the program.

Remarks: Sober living facility. Street outreach available.

Catholic Charities Higher Ground St. Paul Residence

235 West 5th Street, St. Paul MN 55102

Phone: 651-647-2330

Provides: Permanent housing for long-term homeless adults with disabilities, mental illness, chemical dependency, and housing barriers. Social services provided by Catholic Charities and Radian Health. 193 furnished Single Room Occupancy (SRO) units for homeless men and women with shared kitchens and baths. 10 units are medical respite. Permanent housing with supportive services for late-stage chronic alcoholic women (12 units).

Intake: Begin by calling Coordinated Entry for Single Adults, 651-647-2350 and choose option #7.

Catholic Charities St. Anthony Residence and St. Paul Residence

902 Hersey Street, St. Paul MN 55114

Phone: 651-647-2320

St. Anthony Residence: A board-and-lodge facility for chronic inebriate men.

St. Paul Residence: Permanent, affordable, and supportive housing in St. Paul for low income adults experiencing long-term homelessness desiring to live in a sober environment (60 SROs).

Intake: St. Paul Residence accepts referrals from coordinated entry only by emailing FAS.CoordinatedEntry@CO.RAMSEY.MN.US.

Emma Norton Services

670 North Robert Street, St. Paul MN 55101

Phone: 651-224-1329

Provides: Housing for women who have no children living with them.

Intake Procedures: Walk-in intakes are done Wednesday from 9 am–12 pm. Must have access to Professional Statement of Need, but not required for interviews.

Services: 3 meals a day; case management; peer support; one-on-one counseling to address basic living skills and other needs, and to plan where to go next; harm reduction facility.

Emma's Place

2163 Van Dyke, Maplewood MN 55109

Phone: 651-747-8766

Provides: Permanent housing for single parents with 3 or more children who are homeless. One or more in the household must be disabled. There are thirteen 3- or 4-bedroom townhomes available. Also offers supportive case management services and after school youth programming.

Juel Fairbanks Recovery Services

806 North Albert Street, St. Paul MN 55104

Phone: 651-644-6204

Hours: Monday–Friday 8 am–4 pm.

Provides: Residential stepdown treatment program for males; two GRH housing facilities for men with treatment services and case management; rule 25 assessments.

Remarks: Some services not currently available. Call first.

LSS Life Haven

325 Jenks Avenue East, St. Paul MN 55130

Phone: 651-776-9805

Provides: Transitional living program for homeless teen mothers, ages 16 & 17, and their children. Residents must have a child that is in their custody or be in their third trimester of pregnancy.

Intake Procedures: Assessment is needed for intake through Streetworks Coordinated Entry. Visit www.streetworks.org for information or call Life Haven.

Services: Parenting & life skills classes, meals, private room.

LSS Rezek House

LSS Transitional Living Program

501 Asbury Street, St. Paul MN 55104

Phone: 651-644-7739

Provides: Two-year transitional living programs for homeless youth in Ramsey Co, ages 16–21 (Rezek) or 16–24 (Transitional Living).

Intake Procedures: Assessment is needed for intake. Go to Youth Services Network for information, ysnminn.org, or call Rezek House.

Services: Case management & independent living skills education.

Rent: 30% of income. Some rental subsidies are available.

United Gospel Mission Twin Cities Naomi Family Residence

340 Cedar Street, St. Paul, MN 55101

Phone: 651-444-5880

Provides: A woman's and children's program that offers a holistic approach to care where women can gain access and support to basic needs, housing, mental health and addiction recovery, discipleship, education, and job training. Single women aged 18+ or women with up to four children ages 10 or younger may be eligible for the program. The UGMTC Child Development Center is an accredited preschool which cares for younger children while school-aged children attend school while moms participate in programming

Salvation Army Booth Brown House

1471 Como Avenue West, St. Paul MN 55108

Phone: 651-251-3502

Provides: Transitional housing for youth ages 16–20. Call for more information, or go online to <http://salvationarmynorth.org/community/booth-brown-house/community-pages/foyer-housing/> for information on program openings.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3109 **Veterans should call** 612-767-3100 x3144

Provides: Transitional housing for men and women experiencing homelessness. Housing is offered at Harbor Light Center. Additional programming provided for veterans.

Remarks: Veterans must apply through the VA Medical Center or at Veteran's Community Resource & Referral Center (1201 Harmon Place, Minneapolis).

Theresa Living Center - Caroline Family Services Rapid Rehousing

917 East Jessamine Avenue, St. Paul MN 55106

Phone: 651-774-5594

Intake: Single parent families, benefited and seeking housing in Ramsey Co. Call United Way 211, 651-291-0211 for a housing assessment. A more detailed assessment is done by the Family Housing Assessment team. All referrals are received through this process when openings occur. You must be homeless, have a source of income, and able to sign a lease with a landlord to be referred to the program.

Provides: Rapid rehousing for up to 24 months for single parent families 18 years old and up. Housing is in scattered site rental properties determined by the program and participants.

Rent: Based on scattered site landlord requirements in Ramsey Co. The program provides rental assistance and case management for families as they work towards self-sufficiency and independence.

Remarks: Participants should participate in case management and goal setting. We help participants seek permanent housing, which is all dependent upon their housing history, criminal history, and financial ability. *Not an emergency shelter.*

Theresa Living Center Residential Transitional Housing

917 East Jessamine Ave., St. Paul MN 55106

Phone: 651-774-5594

Intake: Single women, single expecting moms less than 7 months pregnant should call coordinated entry for singles to complete a housing assessment: 651-647-3137 If you are an expecting mom and more than 7 months pregnant the assessment process will be handled through United Way 211 or 651-291-0211. All referrals are received through this process when openings occur. You must be homeless to be in the program and have minimum income of general assistance.

Theresa Living Center Residential Transitional Housing *cont'd.*

Provides: Transitional Housing for up to 24 months for single women 18 years old and up. You may be an expecting mom or have one child less than a year old.

Rent: 30% of household income, minimum rent of \$61 monthly.

Remarks: Residents should participate in goal setting, purchase and preparation of their own food, and perform household chores. Each resident has their own private bedroom, but shares bathrooms and other common spaces. We help residents seek permanent housing, which is all dependent upon their housing history, criminal history, and financial ability. *Not an emergency shelter.*

Union Gospel Mission Twin Cities

Phone: 651-292-1721

Remarks: Housing Plus Program and Veteran's Permanent Housing are available at Union Gospel Mission Twin Cities. Room fees vary between \$200–\$350 a month depending on room size. There are some program requirements and there may be a waiting list. Call for more details.

H. Housing Assistance

Ramsey County Coordinated Access to Housing and Shelter

1740 Van Dyke Street, Maplewood MN 55109 (*Woodland Hills Church*)

Intake and Info: Call United Way 211 at 651-291-0211 to complete an initial eligibility review. CAHS specialists will conduct a further intake assessment to help determine the most appropriate referral for housing /shelter for each family based on the needs of each individual family, and also based on openings as available.

Eligibility: Families must be at or below 30% of the area median income, lack financial resources and support networks needed to secure or maintain stable housing.

Services: Eviction prevention assistance, case management, damage deposits, referrals to community resources, and short-term rent and utility assistance.

HOME Line

Phone: 612-728-5767; toll free 1-866-866-3546

Website: homelinemn.org

Provides: Provides free legal, organizing, education and advocacy services so that tenants can solve their own rental housing problems. The HOME Line hotline advocates provide free advice regarding Minnesota tenant/landlord law. Tenants may email and find an attorney by going to the website www.homelinemn.org.

Remarks: Staff available who speak Spanish, Hmong, and Somali.

Minnesota Attorney General's Office

Phone: 651-296-3353

Hours: Monday–Thursday 8 am–4:30 pm; Friday 8 am–3:30 pm.

Provides: Information about housing law and tenant rights to anyone in Minnesota; information and directions to other agencies.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. Eligible participants will receive a free cell phone, as well as a monthly service that includes unlimited talk, unlimited text, and 10 gigabytes of data each month. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

Salvation Army Booth Brown House

1471 Como Avenue West, St. Paul MN 55108

Phone: 651-251-3502

Provides: Permanent supportive housing for youth ages 18–25. Call for more information, or go online to <http://salvationarmynorth.org/community/booth-brown-house/community-pages/foyer-housing/> for information on program openings.

Salvation Army HOPE Harbor

53 Glenwood Avenue, Minneapolis MN 55403

Phone: 612-659-0705

Provides: Permanent supportive housing for single adults. Efficiency unit includes own bathroom, kitchen, bed, dresser and desk.

Remarks: Call for more information regarding eligibility and to find out if applications are being accepted.

Salvation Army Social Services

Eastside (*East St. Paul and surrounding areas*)

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-4316

Service Area: St. Paul Citadel serves ZIP codes 55102, 55103, 55104, 55105, 55107, 55116, and 55117.

Lakewood (*Northeast Ramsey County*)

2080 Woodlynn Ave, Maplewood MN 55109

Phone: 651-770-4974

Hours: Monday through Friday 8 am–noon and 1–4 pm.

Provides: Rental assistance.

Remarks: Call first for eligibility and to find out if they are accepting applications. Applications may be picked up at front desk.

I. Furniture

Salvation Army Social Services

Eastside (*East St. Paul and surrounding areas*)

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-4316

Remarks: Can provide referrals to Bridging. \$60 for appointment; \$260 if client would like furniture delivered to their home. Agency does not cover cost of this program.

Service Area: St. Paul Citadel serves ZIP codes 55102, 55103, 55104, 55105, 55107, 55116, and 55117.

Lakewood (*Northeast Ramsey County*)

2080 Woodlynn Avenue, Maplewood MN 55109

Phone: 651-770-4974

Bridging only: need referral and must pay with a money order.

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Provides: Call for appointment. Clients need to provide a photo ID and piece of current mail at the appointment. Must be moving out of a shelter, new from out-of-town or had a recent crisis.

St. Vincent dePaul Society

461 West 7th Street, St. Paul MN 55102

Phone: 651-227-1332

Hours: Monday–Friday 9:30 am–5 pm; Saturday 9:30 am–3 pm.

Remarks: Low-cost items (not free).

J. Advocacy & Case Management

Agate Housing and Services (formerly St. Stephen's Human Services)
2309 Nicollet Avenue, Minneapolis MN 55404

Website: Visit www.agatemn.org for latest program news
Assistance obtaining Birth Certificates and Voice Mail

Phone: 612-870-2283

Provides: Assistance sending for U.S. birth certificates. Can provide referrals to assist with fees. Also provides voice mail boxes for those without a phone of their own.

Representative Payee Service

Phone: 612-874-0311

Provides: Handles funds for people receiving Social Security/ Disability benefits. Makes certain rent and bills are paid, then disburses personal needs funds throughout the month.

Keystone Community Services

2000 St. Anthony Avenue, St. Paul MN 55104

Phone: 651-645-0349

Hours: Monday–Friday 9 am–5 pm

Provides: Case management to homebound disabled to improve living skills & current situation. Referrals and follow-up. See page 6 for food shelf information.

Metropolitan Center for Independent Living

530 Robert Street North, St. Paul MN 55101

Phone: 651-646-8342

Hours: Monday–Friday 8 am–4:30 pm.

Provides: Works with people with disabilities to help them gain a more independent life through life skills classes and one-on-one meetings to discuss goals and develop plans to accomplish the goals; PCA choice agency.

Natalis Outcomes – Case Management and Mental Health Services

1821 University Ave W Suite #155

Phone: 612-800-6500

Hours: Monday–Friday 8 am–4 pm

Provides: Offers case management services that are free for clients, and helps them gain access to various supports like medical, mental health, social opportunities, housing access, transportation, navigating county resources, therapy, psychiatry, and much more. There is also a nurse to help with physical health issues, as well as psychologists to do DAs and psychological evaluations.

Remarks: Services via phone, in person, and telehealth.

Neighborhood House

179 Robie Street East, St. Paul MN 55107

Phone: Service Connect Number: 651-789-3602

Provides: Food Market (food shelf), Housing stability, Family Centers – case management services, Youth Literacy and Adult Education, Parent and Early Childhood Education, Youth Programming, Latino Leadership Program.

Remarks: Call Service Connect number for information.

St. Paul Public Library

90 West 4th Street, St. Paul MN 55102 (*George Latimer Central Library*)

Phone: 651-266-7000

Provides: Social Service Outreach Thursdays 11 am–noon. Agencies including Radian Health and People Inc. offer drop-in assistance.

Remarks: A social worker also is available at Central Library on Tuesdays and Thursdays from 1–5 pm, and at the Rondo Branch on Mondays and Wednesdays from 2–6 pm. Call the Rondo library for info, 651-266-7400.

Salvation Army Social Services

Eastside (*East St. Paul and surrounding areas*)

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-4316

Lakewood (*Northeast Ramsey County*)

2080 Woodlynn Avenue, Maplewood MN 55109

Phone: 651-770-4974

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Provides: Pathways of Hope, case management services to help families with dependent children move toward self-sufficiency.

ZAmya Theater

Phone: 612-760-4804

Website: www.zamyatheater.org

Remarks: If you have experienced homelessness and are interested in participating in workshops or performance to educate and entertain the community about homeless issues, please call, email, or find us on Facebook at ZAMYA Theater Project. No theater experience necessary.

K. Pet Resources

Animal Humane Society Pet Helpline

Phone: 952-435-7738

Hours: Monday–Friday 9 am–7 pm; Saturday 10 am–6 pm

Provides: Caring, compassionate advice and resources to address whatever animal issues you may be experiencing. Whether you need help managing your pet’s behavior, or a referral for veterinary care, pet-friendly housing, low-cost spay/neuter surgery, or other local assistance programs.

Animal Humane Society St. Paul Clinic

1159 University Ave. W, St. Paul MN 55104

Phone: 763-489-7729

Website: animalhumanesociety.org/vetcenters

Hours: Monday–Saturday 9 am–4 pm.

Provides: Our experienced and compassionate veterinary team offers a full range of medical and preventative care, spay/neuter and specialty surgeries, and dental services with two fee tiers based on income.

Human Animal Support Services

Website: pets.findhelp.com

Provides: Search for free or low cost pet support services like veterinary care, pet food pantries, temporary pet care and more.

RedRover.org

Provides: Our mission is to bring animals out of crisis and strengthen the bond between people and animals through emergency sheltering, disaster-relief services, financial assistance, and education. We accomplish this by engaging volunteers and supporters, collaborating with others, and maximizing the use of online technology.

VeTouch

425 Groveland, Minneapolis MN 55403 (*Henepin Ave. United Methodist Church*)

Hours: First Sunday of every month, 9 am–3 pm by appointment only. Please email vetouch@umn.edu to book an appointment.

Provides: VeTouch to provide care to the pets of low or no-income residents. VeTouch currently sees about 50 pets per clinic and clients are seen on a first-come, first-serve basis.

Services offered include: wellness exams, distemper and rabies vaccines, diagnosis and treatment of parasitic diseases, education on zoonotic diseases, behavior education, nutritional support, and referral for more involved veterinary care.

Section 2. Public Assistance

Everyone has the right to apply for public assistance. Public assistance is available to persons who do not have the financial resources to pay for necessities such as food, housing, and medical care. There are different kinds of public assistance, and each has its own eligibility requirements and income/asset limits.

A. Types of Assistance

Minnesota Family Investment Program (MFIP)

Emergency Assistance (EA)

Energy Assistance

Supplemental Nutrition Assistance Program (SNAP)

General Assistance (GA)

Medical Assistance (MA)

Minnesota Supplemental Aid (MSA)

Social Security - Supplemental Security Income (SSI)

What you need: An original photo ID or a birth certificate, and your Social Security number. For General Assistance you must have a Social Security Card *and* one of the following: driver's license, state ID, passport or visa, alien registration card or certificate of naturalization, military photo ID or DD214, school ID, correctional facility photo ID (not from jail or a mug shot), release/parole agreement (with confirming contact with facility or parole officer), operator's occupational license with photo, employee ID with photo, date of birth and signature; certified or original birth certificate, notarized copy of a birth record from a Minnesota Indian reservation, or a Tribal Decree card.

Descriptions of the assistance programs mentioned on this page are found on pages 25-30.

Note: When applying always ask about other forms of assistance for which you may be eligible.

Your Rights:

- to apply or reapply at any time
- to know the eligibility requirements
- to know how your grant was determined
- to choose where and with whom you live (with certain limitations)
- to appeal any decision or failure to act
- to file a complaint if discriminated against

Your Responsibilities:

- to provide truthful information
- to inform the proper agency of changes such as address, income, persons living with you, and other factors which can affect your assistance

Appeals:

Appeals are available for persons who disagree with or question decisions that have been made. You have the right to appeal any decision made which affects benefits which you feel you are entitled to. You must appeal a decision within 30 days. You must appeal a decision in writing. Appeal to your worker or the worker's supervisor.

You may want to seek the advice of a lawyer. See "Legal Assistance" on page 58.

Where to Apply for Public Assistance Programs:

Ramsey County Human Services Dept. Locations:

Phone: 651-266-8500

Hours: Monday–Friday 8 am–4:30 pm.

Downtown St. Paul

121 7th Place East, Ste. 2500 (skyway level), St. Paul MN 55101

Maplewood

3025 Southlawn Dr., Maplewood MN 55109

Roseville

180 Hamline Avenue North, Roseville MN 55113

Hours: Monday–Friday 8 am–4:30 pm.

For information on any programs, call 651-266-4444.

EBT cards:

People receiving cash assistance are issued EBT cards with the name of the head of household printed on the card. The card includes the following statement: "It is unlawful to use this card to purchase tobacco products or alcoholic beverages." All EBT cards will be mailed via US Postal Service, with the exception of households qualifying for SNAP benefits. These households

will have the option of getting an EBT card issued at the local county office. All replacement EBT cards (lost, stolen, damaged and undeliverable) will be charged a \$2.00 fee. The replacement EBT card will be mailed to the client.

To find out about your balance or to order a replacement card, call 1-888-997-2227.

B. Minnesota Family Investment Program (MFIP)

MFIP provides monthly assistance for families who have little or no income. This includes relative caretakers and pregnant women without any children. Applicants must meet eligibility requirements. Parents are expected to work, and are supported in working with both cash and food assistance. Most families have a lifetime limit of 60 months on MFIP.

When applying, ask about other assistance you may qualify for such as *Emergency Assistance* (to prevent eviction, mortgage foreclosure and help pay utility bills), *SNAP*, & *Medical Assistance*.

Where to apply:

Ramsey County Human Services

See page 24 for locations.

Online Application: <https://www.MNbenefits.org>

You may also request that an application be mailed to you.

C. Emergency Assistance (EA)

Emergency Assistance provides emergency financial assistance for those experiencing a crisis such as eviction or utility shut-off which threatens to displace a person or family from a home or apartment. Persons must meet income and resource eligibility requirements. All income and savings are counted when determining eligibility and must be applied to help meet the emergency expenses. Housing expenses must meet affordable guidelines based on income. Persons can use EA only once in a 12-month period.

Expedited Appeal: If your application for Emergency Assistance is denied, you may appeal the decision. If you request an expedited appeal, a hearing can be granted within a few days See *Appeals*, page 24. You may want to consult with a lawyer, page 58.)

Emergency General Assistance (EGA)

Emergency General Assistance provides emergency financial assistance for those experiencing a crisis such as eviction or utility shut-off which threatens to displace a person or family from home or apartment. Income, assets and current living expenses of each household member will be considered in determining

eligibility for EGA. Issuance of EGA funds must be anticipated to produce long-term (at least three months) resolution of the emergency.

EGA issuance is limited to once in a 12-month period.

D. Energy Assistance

Where to Apply:

Community Action Partnership-Ramsey & Washington Counties
450 Syndicate Street North Suite 122, St. Paul MN 55104

Phone: 651-645-6470

Hours: Monday–Friday 8 am–4:30 pm.

Energy Assistance provides financial assistance with payment of heat and utility bills to renters and home owners for the period beginning October 1 through May 31. Need documentation of public assistance benefits, wages, or other income received in the past 3 months to apply. No appointments; first come, first served.

Remarks: Applications are available online at www.capr.org.

Salvation Army Social Services Heat Share

Eastside

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-6946

Service Area: St. Paul Citadel serves ZIP codes 55102, 55103, 55104, 55105, 55107, 55116, and 55117.

Lakewood

2080 Woodlynn Avenue, Maplewood MN 55109

Phone: 651-770-4974

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Provides: Assistance with emergency utility bills for Ramsey County residents.

E. Supplemental Nutrition Assistance Program

Monthly grants of SNAP can be used at a grocery store. The amount of the grant depends on the monthly income of each person in the family/household and costs for shelter. Most persons who receive another form of assistance such as MFIP, GA, or SSI are also eligible to receive SNAP. Working persons with low incomes may also qualify for SNAP. Since eligibility is based on family or household income, you must provide truthful information about the income of all persons in your family/household who purchase and prepare food together.

Where to Apply:

Ramsey County Human Services

See page 24 for locations.

Online Application: <https://www.MNbenefits.org>

You may also request that an application be mailed to you.

You can also apply for SNAP at:

Salvation Army Social Services

Eastside

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

Lakewood

2080 Woodlynn Avenue, Maplewood MN 55109

Phone: 651-770-4974

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Provides: SNAP application assistance, information and referral.

Minnesota Food Helpline

Phone: 1-888-711-1151 (*Multilingual assistance is also available*)

Hours: Monday–Friday 8:30 am–4:30 pm.

Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application. Assists callers in locating food resources in their own community whether it be a food shelf and/ or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children), and NAPS (Nutrition Assistance Program for Seniors).

Second Harvest Heartland SNAP Application Assistance

Phone: 651-209-7963

Provides: Screening for SNAP eligibility and assistance completing application; follow-up as needed; assistance with recertification. More help can be found online: www.2harvest.org/SNAP

F. General Assistance (GA)

General Assistance provides monthly assistance to single persons and childless couples who have little or no income and who meet eligibility requirements. Families ineligible for MFIP are not eligible for GA. Applicants must meet eligibility requirements.

Examples:

- (1) persons applying must be unable to work because of certified illness or injury, advanced age which makes it difficult to gain employment, inability to read and write well enough to hold employment, etc. (There are approximately 14 categories of eligibility; those mentioned above are among them.) People who were disqualified from SSI because they were categorized as “DAA” (Drug & Alcohol Addicted) may be eligible for General Assistance.
- (2) persons cannot have assets worth more than \$10,000.

Where to apply:

Ramsey County Human Services

See page 24 for locations.

Online Application: <https://www.MNbenefits.org>

You may also request that an application be mailed to you.

G. Medical Assistance & Minnesota Care

These health care programs help people who have little to no income as well as people who work but do not have access to affordable health insurance.

People who have a disability or are over the age of 64 will generally need to complete a paper application form and submit this at a Hennepin County office. Call 612-596-1300 for information. The county office can help you fill out the form. You can also contact the Senior Linkage Line at 1-800-333-2433, or the Disability Hub at 1-866-333-2466.

People who do not have a disability and are under the age of 65 will generally file an online application using the mnsure.org website. For this population, online applications are reviewed faster than are paper applications. You can get a paper or online application at mnsure.org or by calling 651-539-2099. You can also call this number with enrollment questions. Health care navigators can also help you fill out the application, and submit it for you. This is a free service. To set up an appointment with a navigator, call:

- Portico Healthnet at 866-489-4899
- Health Access MN at 651-645-0215

Navigators in many other organizations can be found on this webpage: mn.gov/dhs/medical-assistance-signup. Be sure to search for a *navigator* not a *broker*, as only navigators assist with applying for MA and MinnesotaCare. Search for the language, as well as the zipcode or city that works best for you.

Where to Apply:

Ramsey County Human Services

See page 24 for locations.

Online Application: <https://www.MNbenefits.org>

H. Minnesota Supplemental Aid (MSA)

A state-sponsored program that provides additional monthly funding to those persons who are receiving SSI or Social Security. The amount of an MSA grant depends on several different factors, such as how much you pay in rent, if you live alone or with other people, and what your total income is. (Income includes Social Security and SSI.) Because it is a state program, the county—not the Social Security office—manages it.

I. Social Security

Social Security Administration

332 Minnesota Street, Suite N650, St. Paul MN 55101

Phone: 1-800-772-1213

Hours: Monday–Friday from 9 am–4 pm.

Supplemental Security Income (SSI)

SSI is a federal needs based program providing benefits to anyone who is aged (age 65 or older), blind, or disabled. Disabled under SSI rules means a person has a medically determinable physical or mental impairment, which: results in the inability to do any substantial gainful activity, and has lasted or can be expected to last for a continuous period of not less than 12 months. Substantial gainful activity is defined as the ability to work and earn \$1,130 per month. If someone is working, there are ways that could lower the monthly gross wages below \$1,130. The Social Security Administration no longer recognizes drug addiction and alcoholism (DA & A) as disabling conditions. Someone with another impairment should still file. If the DA & A does not contribute to the impairment, they could be found to be disabled. Anyone who is disabled, should be encouraged to file for benefits.

To determine SSI eligibility and payment amounts, SSA considers the applicant's income and resources. Income could include money earned from work, benefits from other sources, such as; Social Security, workers compensation, Veterans Affairs, friends or relatives, free food or shelter. Resources are things which a person owns such as; cash, bank accounts, land, vehicles, personal property, life insurance, anything that can be converted to cash and used for food and shelter. A single person is limited to \$2,000.00 and a married couple has a \$3,000.00 resource limit. There are many exceptions/exclusions regarding income and resources. Anyone that is disabled should be encouraged to file for SSI.

To be eligible for SSI, an applicant must be a citizen or one of certain alien categories. There are many categories of lawful aliens that would be eligible for SSI. Contact a Social Security Office or the National 800 number 1-800-772-1213 to inquire.

Anyone applying for SSI will be asked about their medical history; doctors, tests, and medications. The claim representative (CR) will ask questions about the person's income, resources, and living arrangements. The CR will ask the applicant to attest to the truthfulness of their answers. SSA will also consider eligibility for other Social Security programs (RSDI).

More information may be found at the Social Security website www.ssa.gov. SSA also offers online services for beneficiaries and the general public <https://www.ssa.gov/onlineservices/>

Appeals:

If an application is denied, there is a 65 day appeals period (60 days plus 5 days mailing). If an appeal is requested after 65 days, the applicant must show good cause for late filing of the appeal. If the late appeal is not accepted, a new application can be filed, but there is a potential loss of benefits. The Social Security Office can provide a referral list for free legal services.

Assistance applying for SSI benefits:Cooper Law Firm

825 Nicollet Mall, #925, Minneapolis MN 55402 (*Medical Arts Bldg.*)

Phone: 612-568-4529

Hours: Call for an appointment. *Masks required in office.*

Provides: Free attorney assistance filing Social Security applications, reconsiderations and appeals for recipients of GA, MFIP, DWP, and FSS. Sliding fee available for those not on public assistance.

Remarks: Does not handle overpayment matters, POAs, criminal law, or pro bono cases.

Section 3. Health Care

A. Community Clinics

East Side Family Clinic & Health Start

895 East 7th Street, St. Paul MN 55106

Phone: 651-602-7500

Hours: Monday and Friday 8 am–5 pm; Wednesday and Thursday 8 am–8 pm; Saturday 8 am–noon. Same day appointments are possible.

Remarks: MA and most insurance accepted. Sliding fee available. Spanish and Hmong translators.

Other Services: On-site lab and x-ray department; chiropractic services; Wednesday evening teen clinic, dental clinic.

COVID-19 Testing: Monday–Thursday 8 am–8 pm; Friday 8 am–5 pm; Saturday 8 am–12 pm.

Minnesota Community Care: La Clinica

153 Cesar Chavez Street, St. Paul MN 55107

Phone: 651-602-7500

Hours: Monday, Wednesday and Friday 8 am–5 pm; Tuesday 8 am–8 pm; Thursday 9 am–8 pm; Saturday 8 am–12 pm.

Remarks: MA accepted, sliding fee scale. Call for appointments.

Services: AIDS/STI testing and counseling; dental services, behavioral health and substance use disorder; tri-lingual clinic (English, Spanish, Hmong all spoken) Immunization clinics are held regularly.

Open Cities Health Center

409 Dunlap Street North, St. Paul MN 55104

Phone: 651-290-9200

Hours: Monday, Wednesday, Thursday and Friday 8 am–5 pm; Tuesday 8 am–8 pm. Walk-ins and same day appointments available.

916 Rice Street, St. Paul MN 55117

Phone: 651-290-9200

Hours: Monday-Friday 8 am–5 pm. Walk-ins and same day appointments available.

Remarks: Sliding fee scale; MA and other insurance accepted.

Other Services: Dental care; HIV/STD counseling & testing, early intervention for HIV+; pre-natal care programs; family planning; OB/GYN and mental health services.

Portico Healthnet / 489-CARE Referral Line

Phone: 651-489-2273; toll free 866-489-4899

Provides: Helps uninsured Minnesotans enroll in health insurance and navigate the complicated health care system. Our certified MNsure Navigators provide free, personalized assistance and help clients find the most affordable coverage for their family.

St. Mary's Health Clinics

Phone: 651-287-7777

Provides: Six clinics throughout Twin Cities provide some primary and preventive health care services at no cost to adults and children without access to health care coverage.

Eligibility: If you are on MA, MinnesotaCare, or have access to any form of health care coverage, you are not eligible to use these clinics' services.

Intake procedure: If you fit one of the above categories, call 651-287-7777 between 8 am–4 pm Monday–Friday to make an appointment. There is no cost for services if you are eligible, though donations are accepted.

St. Paul-Ramsey County Public Health-Clinic 555

555 Cedar Street, St. Paul MN 55101

Phone: 651-266-1255 **Website:** www.clinic555.org

Hours: Monday and Wednesday 8 am–4:30 pm; Tuesday and Thursday 8 am–7 pm; Friday 8 am–1 pm. Closed over the lunch hour Monday through Thursday 12–1 pm

Remarks: Free- to low-cost services depending on income-based sliding fee scale. MA and major insurance plans are accepted.

Other Services: Teen and adult reproductive services; all birth control methods available; emergency contraception; pregnancy testing and counseling; STD/HIV testing and treatment; HIV counseling; annual health exams, breast exams and pap smears; colposcopy; mammogram referral for women 40 and older or those younger women with suspicious breast mass; pre-exposure prophylaxis program (PrEP) and post prophylaxis (PEP).

St. Paul-Ramsey County Public Health-Clinic 555

Clinic 555 Syringe Services Program

555 Cedar Street, St. Paul MN 55101

Phone: 651-266-1295 **Website:** www.clinic555.org

Hours: Monday, Wednesday and Friday 1–4:30 pm; Tuesday and Thursday 1–6:30 pm.

Remarks: Services are provided in a safe and nonjudgmental setting. These include anonymous syringe exchange and disposal; Narcan (overdose reversal medication); wound care; HIV and Hepatitis C testing; connection to community resources.

United Family Medicine

Peter J. King Family Health Center

1026 West 7th Street, St. Paul MN 55102 (Randolph & W. 7th)

Phone: 651-758-9500 **Website:** www.unitedfamilymedicine.org

Hours: Monday–Friday 8 am–5 pm; telehealth only 5–8 pm.

Provides: Primary care for all ages; disease screening and preventative care; chronic disease management; mental health and chemical health services; dental care..

Remarks: Accepts many insurance plans, including MA, Medicare, MinnesotaCare and private insurance. For patients without insurance, offers a sliding fee scale based on family size and income. Spanish translators and social work advocates also available.

B. Health Care for the Homeless

Minnesota Community Care: Downtown Clinic

424 Dorothy Day Place, St. Paul MN 55102

Phone: 651-793-2219

Hours: Monday–Friday 9 am–5 pm; Saturday 9 am–12 pm.

Provides: General medical, mental health, CD/NA counseling, Rule 25 assessments, medication support, chiropractic services, optometry services, nutrition, and referrals.

Health care services for homeless men, women, and children in Ramsey County shelters and drop-in centers. A multi-disciplinary team of medical, mental health and social service providers staff clinics at several different homeless shelter and drop-in centers each week. When appropriate, staff helps homeless patients connect to other care clinics.

If you are staying in a shelter in Ramsey County, check with shelter staff for clinic times and services. MA accepted; however, if you do not have insurance, you do not have to pay.

C. HIV / STI / Pregnancy Testing

Face to Face Health & Counseling Service

1165 Arcade Street, St. Paul MN 55106

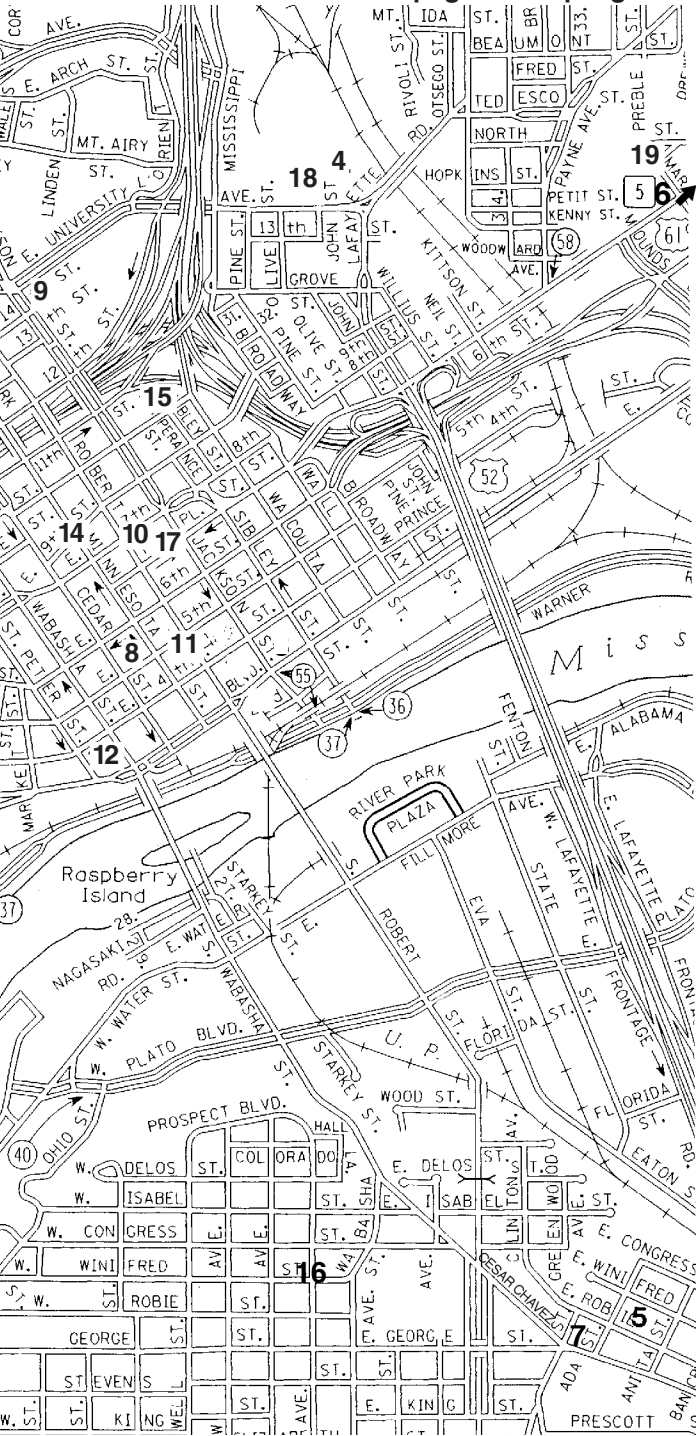
Phone: 651-772-5555 Call for an appointment.

Hours: Monday–Thursday 10 am–6 pm; Friday 10 am–4 pm.

Remarks: Services are for youth ages 11-24 years old only.

Services: Birth control education, safer sex education, healthy relationships education, and free HIV testing (all ages). Help applying for insurance. Video and phone appointments available.

See next page for map legend



Map Legend: Downtown St. Paul

1. Catholic Charities Higher Ground St. Paul
2. Richard M. Schulze Family Foundation Opportunity Ctr.
3. Salvation Army—St. Paul Citadel
4. Union Gospel Mission
5. Neighborhood House
6. Chicanos Latinos Unidos en Servicios (CLUES)
Mexican Consulate/Consulado de México
7. Minnesota Community Care: La Clinica
8. Southern Minnesota Regional Legal Services
(Legal Aid)
9. Regions Hospital
10. Ramsey County Human Services
11. Social Security Administration
12. City Hall/Courthouse
13. State Capitol
14. Naomi Family Center
15. Family Place
16. St. Matthew's Church (*Loaves & Fishes meal*)
17. Safe Zone
18. Ramsey County Chemical Health Unit
Ramsey County Detoxification & Withdrawal Mgmt.
19. Listening House of St. Paul

Open Cities Health Center

409 Dunlap Street North, St. Paul MN 55104

Phone: 651-290-9200

Hours: Monday, Wednesday, Thursday and Friday 8 am–5 pm;
Tuesday 8 am–8 pm. Walk-ins and same day appointments
available.

916 Rice Street, St. Paul MN 55117

Phone: 651-290-9200

Hours: Monday-Friday 8 am–5 pm. Walk-ins and same day ap-
pointments available.

Remarks: Sliding fee scale for those without insurance; MA, GAMC
and other insurance plans accepted.

Services: HIV/STI counseling & testing; early intervention for HIV+.

Rainbow Health

2577 West Territorial Road, St. Paul MN 55114

Phone: 612-341-2060; **AIDSLINE:** 612-373-AIDS / 1-800-248-AIDS.
Text AIDSLINE to 839863.

Hours: Monday–Friday 9 am–5 pm. **AIDSLINE:** Mon–Fri 9 am–5 pm.

Provides: Information about HIV, referral to community resources and HIV testing. Also provides HIV case management, legal services; benefits counseling; housing services for HIV+ people; transportation for medical appointments; emergency financial assistance; chemical health services, behavioral health services (see page 40), and a syringe exchange; Positive Link, a social support program for HIV+ gay and bisexual men; HERR Day Out, a social support group for HIV+ women; BlaQueAlive offers culturally-specific HIV linkage service for Black and Latino individuals ages 18-19 years old.

St. Paul-Ramsey County Public Health Clinic 555

555 Cedar Street, St. Paul MN 55101

Phone: 651-266-1255

Hours: Monday and Wednesday 8 am–4:30 pm; Tuesday and Thursday 8 am–7 pm; Friday 8 am–1 pm. Closed over the lunch hour Monday through Thursday 12–1 pm.

Remarks: Free- to low-cost services depending on income-based sliding fee scale. MA and major insurance plans are accepted.

Other Services: Teen and adult reproductive services; all birth control methods available; emergency contraception; pregnancy testing and counseling; STD/HIV testing and treatment; HIV counseling; annual health exams, breast exams and pap smears; colposcopy; mammogram referral for women 40 and older or those younger women with suspicious breast mass; pre-exposure prophylaxis program (PrEP) and post prophylaxis (PEP).

D. Dental Care

Hope Dental Clinic

800 Minnehaha Avenue East, Ste 465, St. Paul MN 55106

Phone: 651-789-7605

Hours: By appointment only Monday through Thursday 8:30 am–9 pm; Friday 7:30 am–5 pm.

Provides: Dental care to those without dental insurance. Services include exam, cleaning, fillings, extractions, and education.

Minnesota Community Care: Dental Clinic

478 South Robert Street, St. Paul MN 55107

Phone: 651-602-7575

Hours: Monday–Friday 8 am–5 pm.

Remarks: Most insurance accepted, including MA, MnCare, Health Partners and Delta Dental; discount available.

Open Cities Health Center

409 Dunlap Street North, St. Paul MN 55104

Phone: 651-290-9200

Hours: Monday, Wednesday, Thursday and Friday 8 am–5 pm; Tuesday 8 am–8 pm. Walk-ins and same day appointments available.

916 Rice Street, St. Paul MN 55117

Phone: 651-290-9200

Hours: Monday–Friday 8 am–5 pm. Walk-ins and same day appointments available.

United Family Medicine

Peter J. King Family Health Center

1026 West 7th Street, St. Paul MN 55102 (Randolph & W. 7th)

Phone: 651-758-9500 **Website:** www.unitedfamilymedicine.org

Hours: Monday–Friday 8 am–5 pm; Tuesday and Wednesday evenings until 8 pm.

Provides: Regular check-ups and cleaning, filling cavities, as well as root canals, pain, swelling, or broken teeth, and extractions.

Remarks: Accepts many insurance plans, including MA, Medicare, MinnesotaCare and private insurance. For patients without insurance, offers a sliding fee scale based on family size and income.

University of Minnesota School of Dentistry

515 Delaware St. SE, Minneapolis MN 55455

Call Center: 612-625-2495

Hours: Monday through Friday 8 am–4 pm.

Remarks: Comprehensive dental care provided by supervised students. Children's clinic also available. Payment required at time of visit. Must call for an appointment.

E. Mental Health Services

Children's Crisis Response

Crisis Phone: 651-266-7878 (24 hours)

Provides: Crisis intervention for Ramsey County youth (ages 0–18) and their families.

Intake: Call 24-hour crisis line for youth and their families; diagnostic assessments and in-home crisis intervention available.

Comunidades Latinos Unidos en Servicios (CLUES)

797 East 7th Street, St. Paul MN 55106

COVID-19 Hotline: 651-768-0000 for program updates and info
Due to COVID-19, offices are closed to the public to reduce person-to-person contact. Call hotline for program information. Programs and services are being offered by phone and videoconferencing services.

Phone: 651-379-4200 **Website:** www.clues.org

Hours: Monday–Friday 8:30 am–5 pm.

Provides: Bilingual family therapy in addition to individual, couples, child and adolescent therapy.

Face to Face Health & Counseling Service

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5555. Call for appointments.

Hours: Monday–Thursday 10 am–6 pm; Friday 10 am–4 pm.

Remarks: Services are for youth ages 11–24 years old only.

Provides: Culturally competent outpatient and in-home family therapy. Providers have expertise in trauma, sexual orientation and gender identity, and youth. No one turned away if they can't pay. Help applying for insurance.

Fairview Health and Wellness Hub

45 West 10th Street, Saint Paul MN 55102

Mental Health and Addiction Services

Phone: 612-672-2736 **Fax:** 612-884-3522

Intake: Please call the main scheduling number 612-672-2736 to schedule any appointments for mental health and addiction services. Based on provider availability some other locations may be offered to meet client needs as soon as possible.

Services: Offers many different options for clients seeking mental health and/or addiction services either in person or select services can be virtual.

- CD IOP
- Mental Health and Addiction assessments
- Addiction Medicine/ Medication Management
- Mental Health Groups
- Individual Therapy/Psychology/Psychiatry

Remarks: Medicare, PMAPs, county funding, commercial and private/self-pay are accepted; coverage is based on specific insurance networks and benefits for services.

Love Lines Crisis Center

2855 St. Anthony Lane Suite 115, St. Anthony MN 55418

Phone: 612-379-1199

Hours: Hours vary.

Provides: Phone line most days for crisis ministry; in-person counseling is available by appointment Tuesday and Saturday 3–6 pm.

Remarks: Counseling is free, but donations accepted. "Believe in God's love and work of the Holy Spirit." Volunteer opportunities.

Natalis Outcomes – Case Management and Mental Health Services

1821 University Ave W Suite #155, St. Paul MN 55104

Phone: 612-800-6500

Hours: Monday–Friday 8 am–4 pm

Provides: Offers case management services that are free for clients and helps them gain access to various supports like medical, mental health, social opportunities, housing access, transportation, navigating county resources, therapy, psychiatry, and much more. There is also a nurse to help with physical health issues, as well as psychologists to do DAs and psychological evaluations.

Remarks: Services via phone, in person, and telehealth.

Rainbow Behavioral Health Clinic

1000 University Avenue West, Ste 20, St. Paul MN 55104

Appointments: 612-373-9160

Provides: Individual, couple/family, and group therapy for LGBTQ+, people who are HIV+, people who are high risk for HIV and other underserved populations. All services will be provided by dual licensed mental health/chemical dependency counselors, board approved clinical supervisors, and/or supervised interns.

Ramsey County Crisis Outreach

Phone: 651-266-7900

Hours: Seven days a week, 24 hours a day. Requests for mobile outreach are screened through the 24/7 crisis line.

Walk-in Hours—Crisis Assessment: Monday–Friday 8 am–4:30 pm.

Provides: Assessment, referral and mobile outreach for adults in Ramsey County experiencing a mental health crisis.

Remarks: Insurance will be billed when possible.

Ramsey County Mental Health Center (Welcome Center)

1919 University Avenue West Suite 200, St. Paul MN 55104

Phone: 651-266-7890

Hours: Monday through Friday 8 am–3 pm. Walk-ins welcome.

Provides: Group and individual counseling; partial hospitalization program, and personal recovery services. Psychiatrist on site. Intensive outpatient mental health peer recovery program; MI/CD intensive outpatient program. Children's therapy, case management, and CTSS services available for children ages 5-18.

Regions Hospital Emergency Department

640 Jackson Street, St. Paul MN 55101

Phone: 651-254-3456

Intake procedures: Walk-in to Emergency Dept. Fees vary, although no one will be denied services for inability to pay.

Provides: Risk assessment, psychiatric evaluation, referral, or admission, and connection to resources, for adults (ages 18 and over) who are experiencing a mental health or chemical health crisis; resources and support to victims of sexual assault or domestic abuse; general emergency medicine.

Walk-in Counseling Center

Phone: 612-870-0565

Website: walkin.org

Clinic Hours: Monday, Wednesday and Friday 1–3 pm; Monday through Thursday 5:30–7:30 pm. *Please call or log in to Zoom only during clinic hours. Visit website and click on "How to see a counselor" button for instructions to connect via Zoom or cell phone.*

Provides: Counseling for people with urgent needs and few resources; serves individuals, couples and families.

Remarks: Services are anonymous, no appointment is necessary for walk-in clinics; no paperwork; no fee, although donations are accepted. Call to make arrangements for counseling in Spanish and Hmong.

Tubman

4432 Chicago Avenue South, Minneapolis MN 55407

Phone: 612-870-2426 **TTY for hard-of-hearing:** 612-824-2780

Hours: Monday–Thursday 9 am–5 pm; Friday 9 am–3 pm.

Provides: Referral by telephone; counseling for individuals and groups, as well as for families and couples; domestic violence groups for men and women.

Community Outreach & Drop-in Centers

People Incorporated Mental Health Outreach

317 York Avenue #5, St. Paul MN 55130

Phone: 651-774-0011

Hours: Monday–Friday 9 am–4:30 pm; drop-in center 9–11 am.

Provides: Outreach case managers provide direct street outreach and case management to people who are unsheltered (camping outside, in their car, etc.) in Hennepin, Ramsey & Dakota Counties.

Services: Case managers reach out into the community by going to camps, drop-in centers, and other locations where unsheltered people stay. After first contact, individuals may be enrolled in the outreach case management program which provides connection to benefits, health care, housing resources, medication management and talk therapy.

RADIAS Health-Homeless Outreach

166 4th Street East, Ste 200, St. Paul MN 55101

Main Outreach Phone: 651-783-5427

Outreach Email: radiashomelesservices@radiashealth.org

Services: Outreach services to individuals experiencing unsheltered homelessness in Ramsey Co.; providing help with basic needs, support, resource navigation and referrals to community providers. Outreach efforts occur at local shelters, drop-in locations, metro transit, encampments and in other areas not meant for human habitation where humans are residing in Ramsey Co. If you or someone you know is experiencing unsheltered homelessness in Ramsey Co. and would like to connect with outreach, please call or e-mail us. There are scheduled drop-in hours at the following: Listening House Mondays 10 am–12 pm; Maplewood Library Tuesdays 1–3 pm; St. Paul Opportunity Center (2nd Floor) Wednesdays 1–3 pm; George Latimer Library Thursdays 10 am–12 pm.

F. Veterans

VA Medical Center

One Veterans Drive, Minneapolis MN 55417 (E 54th St & 48th Ave S)

Phone: 612-725-2000

24-Hour Vets Crisis Line: 1-800-273-8255, press 1 or 988, press 1.

Remarks: veterans with an honorable discharge may receive treatment; veterans enlisting after 1980 need to have completed two years of active duty; does need an assessment for payment. See page 53 for info about other assistance available for veterans.

G. Youth

Face to Face Health & Counseling Service

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5555. Call for appointments.

Hours: Monday–Thursday 10 am–6 pm; Friday 10 am–4 pm.

Remarks: Services are for youth ages 11–24 years old only. General medical: only if under 18, a parent must accompany client. There is a sliding fee scale for patients who do not have insurance.

Services: Basic medical care, reproductive and sexual health care, prenatal care, and health insurance navigation. No one turned away if they can't pay. Video, phone, and in-person appointments available.

H. Alcohol/Chemical Dependency Counseling & Treatment

Fairview Health and Wellness Hub

45 West 10th Street, Saint Paul MN 55102

Mental Health and Addiction Services

Phone: 612-672-2736 **Fax:** 612-884-3522

Intake: Please call the main scheduling number 612-672-2736 to schedule any appointments for mental health and addiction services, based on provider availability some other locations may be offered to meet client needs as soon as possible.

Services: Offers many different options for clients seeking mental health and/or addiction services either in person or select services can be virtual.

- CD IOP
- Mental Health and Addiction assessments
- Addiction Medicine/ Medication Management
- Mental Health Groups
- Individual Therapy/Psychology/Psychiatry

Remarks: Medicare, PMAPs, county funding, commercial and private/self-pay are accepted; coverage is based on specific insurance networks and benefits for services

Juel Fairbanks Recovery Services

806 North Albert Street, St. Paul MN 55104

Phone: 651-644-6204

Hours: Monday–Friday 8 am–4 pm.

Provides: Residential stepdown treatment program for males; two GRH housing facilities for men with treatment services and case management; rule 25 assessments.

Remarks: Some services not currently available.

Minnesota Adult & Teen Challenge

3231 1st Avenue South, Minneapolis MN 55408

Information Line: 612-373-3366

Lobby hours: Monday–Friday 8 am–4 pm.

Info Line Hours: Monday–Friday 8 am–4:30 pm.

Provides: For almost 30 years, Mn Adult & Teen Challenge has been restoring hope to people struggling with mental health issues, drug and alcohol addiction. In addition to our effective and affordable shorter-term residential and outpatient programs and our distinctive long-term faith-based recovery program, we have extensive prevention and transitional/aftercare services.

People Incorporated Project Recovery

317 York Avenue #5, St. Paul MN 55130

Phone: 651-774-0011

Drop-in Hours: Monday–Friday 9–11 am.

Provides: A drop-in center and case management service that provides a safe space for individuals who are homeless and have a history of chemical use. Sobriety is not a requirement but drugs and alcohol are not allowed on the property.

Services: Non-clients can access drop-in services such as Recovery and Harm Reduction Groups, referrals to case management, community activities, shower facilities, and a pool table. Individuals who are homeless and have chemical health needs may be eligible for enrollment into Project Recovery's case management program. Clients and case managers work together to access benefits, treatment, health care, shelter, housing resources, medication management and talk therapy.

Ramsey County Chemical Health Unit

402 University Avenue East, St. Paul MN 55130

Phone: 651-266-4008

Hours: Monday–Friday 8 am–5 pm.

Provides: Rule 25 process has ended effective 6/30/22. Ramsey County Chemical Health Services will no longer provide chemical health assessments and will only determine eligibility for substance use disorder funding assistance. Direct Access will be the only way to access substance use disorder services starting on 7/1/22. Direct Access is financial assistance that can be used to help residents pay for substance use disorder services. Direct Access focuses on individual choice and reduces barriers to obtain substance use disorder services. Residents and providers can apply for Direct Access by emailing a completed Rule 24 Eligibility Application, proof of residency and income verification to chs.chemicalhealthunit@ramseycounty.us or faxing to 651-266-4435. Community chemical health providers can contact the placement team on behalf of a resident by filling out an External Release of Information Form and faxing it to our team at 651-266-4435. We cannot disclose any information after an applicant has been approved or denied for funding. If you would like more information about Direct Access, please visit DHS Substance Use Disorder (SUD) Services website

Ramsey Co. Detoxification & Withdrawal Management Program

402 University Avenue East, St. Paul MN 55130

Phone: 651-266-4009

Hours: Seven days a week, 24 hours a day.

Provides: Substance withdrawal management services to people in need of detoxification. We also provide assessments, interventions, and referrals to aftercare services. RCWMP services address the unique medical and cultural needs of each patient, including translation services and meeting dietary needs. We encourage all patients to remain in care for as long as necessary and enter recommended programs for ongoing recovery. Services will not be denied if a resident is unable to pay.

Tubman

4432 Chicago Avenue South, Minneapolis MN 55407

Phone: 612-870-2426 **TTY:** 612-824-2780

Provides: Counseling and assessment for chemical dependency; outpatient treatment may include mental health counseling.

Remarks: Various payment options are accepted.

Union Gospel Mission Twin Cities Christ Recovery Center

435 East University Avenue, St. Paul MN 55130

Phone: 651-789-7598

Provides: Addiction recovery for men that incorporates the 12 Steps of Alcoholics Anonymous with biblical principles. Education, job training, and support groups provide a holistic approach to care.

Remarks: Designed for those facing late-term addiction who are committed to recovery.

Section 4.

Education & Employment

A. Educational Programs

Adult Literacy Hotline

Phone: 1-800-222-1990 **Website:** literacymn.org

Hours: Monday–Friday 8:30 am–4:30 pm; Friday 8:30 am–12:30 pm.

Provides: Referrals to literacy programs, GED, basic reading, English and ESL in Minnesota; computer skills, citizenship classes, adult diploma math classes; and distance learning.

Face to Face Academy

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5544 **Website:** www.f2facademy.org

Provides: Charter high school for students who have not experienced success in more traditional school settings. Students must be between 15 and 19 and have completed the 8th grade.

International Institute of Minnesota

1694 Como Avenue, St. Paul MN 55108

Phone: 651-647-0191

Hours: Monday–Friday 8:45 am–5 pm.

Provides: English as a Second Language (ESL) classes Monday–Thursday; morning and evening classes. College Readiness classes, job skills training classes in Hospitality and Certified Nursing Assistance Monday-Friday. Refugee and immigration services.

Open Door Learning Center (a program of Literacy Minnesota)

1115 Greenbrier Street, St. Paul MN 55106

(in Arlington Hills Lutheran Church)

Phone: 651-793-4423

Provides: FREE English as a Second Language (ESL), GED, citizenship classes, computer classes, and preschool classes. Daytime classes only. Times and class offerings vary.

Remarks: Reach out for more information or call the Adult Literacy Hotline for more details on class offerings at each site 1-800-222-1990

St. Paul Public Schools Placement Center

2102 University Avenue West, St. Paul MN 55114

Phone: 651-632-3700

Remarks: This is the main contact number for enrolling children into St. Paul Public Schools, and for school record requests. Information and referral can be given for such additional school programs as Early Childhood education, special education, and others. Spanish, Hmong and Somali translators are available, as is a Karen support person.

Vietnamese Social Services of Minnesota

277 University Avenue West, St. Paul MN 55103

Phone: 651-632-8927 **Website:** www.vssmn.org

Hours: Monday–Friday 8:30 am–4 pm.

Provides: ESL classes, numeracy, workplace English and computer instruction classes. Classes are MFIP eligible.

Veterans

Veterans Welcome Center—MCTC

1501 Hennepin Avenue South #T.3406, Minneapolis MN 55403

Phone: 612-659-6580

Hours: Monday through Thursday from 8:30 am–4 pm.

Provides: Currently serving/prior service members and Veterans thinking about or starting a path of higher education can take a FREE 2-credit course at Minneapolis College. The credits may apply to earning an Associate's Degree. Students and prospective students can also get information about how to access any entitled benefits, services, or resources.

Remarks: Free for veterans, military service members, and their dependents.

B. Job Training & Placement

CareerForce

540 Fairview Avenue North Suite 100, St. Paul MN 55104

Phone: 651-539-4100

Hours: Monday through Friday 8 am–4:30 pm.

Provides: Computerized job listings. Career lab includes library of employment publications, interviewing and resumes; on-line job banks, child care information, and the Minnesota Career Information System are available on computers.

Goodwill/Easter Seals

553 Fairview Avenue North, St. Paul MN 55104

Phone: 651-379-5837

Provides: Goodwill-Easter Seals provides NO COST, hands-on training to eligible students along with job placement assistance. Eight- to twelve-week classes offer certification in Automotive Service, Business Professional Pathways, IT Core Skills, and Construction. Students learn the technical skills needed for their new career and receive assistance with resumes, applications, interviewing, job search, retention and advancement. In addition we offer College and Career Navigation to support students interested in additional post-secondary education options.

Remarks: For more information or to apply, visit their website www.goodwilleasterseals, email outreach@gesmn.org or call 651-379-5837 to learn more.

HHH Job Corps Center

1480 Snelling Avenue North, St. Paul MN 55108

Phone: 651-642-1133

Enrollment Phone: 1-800-733-5627

Office Hours: Monday–Friday 8 am–5 pm.

Provides: Vocational training for persons ages 16–24 who are generally low or moderate income. Training is in areas of: culinary arts, painting and wallpapering, certified nursing assistant, office administration, sign and display, construction, communications, and transportation. GED and basic skills classes, job placement assistance, a residential living program and on-site health & wellness services available. It is a zero-tolerance campus for bullying and violence, drug use.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. Eligible participants will receive a free cell phone, as well as a monthly service that includes unlimited talk, unlimited text, and 10 gigabytes of data each month. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

Ramsey County Community Career Labs

Phone: 651-266-9890

Opportunity Center: 422 Dorothy Day Place, St. Paul MN 55102

Maplewood: 3025 Southlawn Dr., Maplewood MN 55109

Roseville: 180 Hamline Avenue North, Roseville MN 55113.

Provides: Free services are available to all job seekers, including computer and internet access, skill assessments, workshops and training information.

Remarks: Hours vary. Call for information.

St. Paul Public Library

Phone: 651-763-1699

Provides: 13 locations throughout the city that offer free job search help and computer skills classes. This includes walk-in, one-to-one help with job search assistance counselors as well as Internet, email, and Microsoft Word classes. Our programs, classes and services are free, and all are welcome. Call or visit www.sppl.org/workplace, or stop in at any Saint Paul Public Library to learn more.

Small Sums

2375 University Ave. W. Suite 150, Saint Paul MN 55114

Phone: 651-242-9441 **Website:** smallsums.org

Provides: Small Sums provides free help to homeless and housing insecure individuals, who have found new jobs, with the specific things that they need to start back to work, such as: required work clothes and work shoes, trade tools, professional licenses or union dues, and bus passes.

Remarks: Call 651-242-9441 for intakes and program questions. All services are free.

C. Day and Temporary Labor

Note: persons who apply to work at a day or temporary labor firm will be asked to provide a picture ID and social security card; and for those who are not US citizens, a “green card” will be required.

Adecco Personnel Services

7401 Metro Blvd., Suite 150, Edina MN 55439

Phone: 952-544-0044 **Website:** www.adeccousa.com

Hours: Monday–Friday 8 am–5 pm; call for appointment.

Type of work: Clerical and light industrial

Remarks: Some testing and previous experience is required.

AppleOne

2 Meridian Crossings, Ste 160, Richfield MN 55423

Phone: 952-897-0887 **Website:** AppleOne.com

Hours: Monday–Friday 7:30 am–5:30 pm.

Type of work: Administrative Assistants, Data Entry, Customer Service, Light Industrial, Warehouse,

Assembly, Human Resources. (1st and 2nd shift)

Remarks: Complete career profile online or call to schedule an interview. Background check and drug screen will be done if client requires it. Interview and resume required for all positions; some testing required for clerical and assembly.

Atlas Staffing

189 7th Place East, St. Paul MN 55101

Phone: 651-222-5894 **Website:** www.atlasstaffinginc.com

Hours: Monday–Friday 5 am–6 pm.

Type of work: Light industrial, warehouse, packaging, food service, assembly, moving.

Remarks: Stop in or apply online.

Doherty Staffing

1546 Woodlane Drive, Woodbury MN 55125

Phone: 651-771-2368 **Website:** www.doherty.com

Hours: Monday–Friday 8 am–5 pm.

Type of work: Light industrial, food service, clerical, administrative, and some technical positions.

Remarks: An interview and skills testing are required. Clerical assignments are handled at a different office. Call 651-489-5000.

Midwest Staffing

1885 University Avenue West Suite 121, St. Paul MN 55104

Phone: 651-641-0442

Hours: Monday–Friday 7 am–5 pm. Call to make an appointment to apply.

Type of Work: Light industrial, clerical

People Ready

1201 Robert Street South, West St. Paul MN 55118

Phone: 651-774-9675

Hours: Monday–Friday 7 am–5 pm.

Type of Work: light industrial, heavy industrial, machine/assembly, packaging, general labor, and hospitality.

Remarks: Call for an appointment for application and interview. They work with felony-friendly employers. Download the "Job-stack" app to apply. After a successful application, work assignments could begin the next day.

Section 5.

Special Help & Advocacy

A. Youth Programs

Face to Face Academy

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5544 **Website:** www.f2facademy.org

Provides: Charter high school for students who have not experienced success in more traditional school settings. Students must be between 14 and 19 and have completed the 8th grade.

Goodwill/Easter Seals YouthBuild!

635 Prior Avenue North, St. Paul MN 55104

Phone: 612-424-1050

Provides: GED prep or online pathway to high school diploma, hands-on construction training and leadership development at no cost to young adults ages 16-24 not currently enrolled in school. Students have assistance preparing for work or further schooling and support in their next step. Students can earn a stipend (up to \$125 per week!) based on program attendance and bonuses for milestones achieved.

Remarks: For more information, call or text 612-424-1050, email youthbuild@gesmn.org or visit us online at www.goodwill-easterseals.org/services/career-training-support.

SafeZone

130 7th Street East, St. Paul MN 55101

Phone: 651-224-9644

Hours: Monday through Friday 10 am–6 pm.

Provides: Homeless youth programs for youth ages 14–24 who are experiencing homelessness or at risk of being homeless. SafeZone drop-in center, assistance with immediate needs, personal care items, case management, housing, jobs, and much more.

B. Services for Immigrants

African

African Community Services

1305 East 24th Street, Minneapolis MN 55404 (Lower level)

Phone: 612-721-9984

Hours: Monday–Friday 9 am–5 pm

Provides: Services for newly arrived refugees including: employment assistance (application/resumé preparation, job search skills, interview preparation), refugee social service programming including assistance finding child care, housing, MNSure, home furnishings (Bridging referral agency) and other supportive referrals.

Remarks: Call program manager to determine program eligibility. Staff speaks nine African languages. Accepts walk-in appointments.

Karen

Karen Organization of Minnesota

2353 Rice Street, Suite 240, Roseville MN 55113

Phone: 651-788-7593 **Website:** www.mnkaren.org

Hours: Monday-Friday 9 am-4 pm.

Provides: Support and services for Karen and all refugees from Burma in Minnesota. Services include employment training and job search assistance, referrals to social services, health care, and housing. Youth programs include academic tutoring, socialization education, mental health referral, leadership training, and vocational training.

Vietnamese Social Services of Minnesota

277 University Avenue West, St. Paul MN 55103

Phone: 651-632-8927 **Website:** www.vssmn.org

Hours: Monday-Friday 8:30 am-4 pm.

Provides: Services for Karen refugees. Karen Support Project: access to medical, social, and economic services. Elders: individual help in accessing medical and social services, Social Security, transportation, ESL classes open to anyone, and US citizenship classes. Self-sufficiency: employment and job search/placement services and follow-up. Health Education: preventive health education and information; classes on topics such as chemical dependency, cancer, nutrition, and diabetes; and access to cancer screening; Karen mental health—classes and referrals to mental health services. Literacy: English and Workplace English classes. There are also MNsure navigators to assist with health insurance questions. Translators available in Karen, Vietnamese, and Burmese.

Korean

Korean Service Center

630 Cedar Avenue South #B-1, Minneapolis MN 55454

Phone: 612-342-1345

Hours: Monday-Friday 8:30 am-4:30 pm.

Provides: Advocacy and support for Korean families, individuals and seniors; translation services, public housing application, and meals for senior citizens; information and referrals to other social service agencies; assisted living program for residents of Cedar Square.

Latino

Comunidades Latinos Unidos en Servicios (CLUES)

797 East 7th Street, St. Paul MN 55106

COVID-19 Hotline: 651-768-0000 *for program updates and info.*

Due to COVID-19, offices are closed to the public to reduce person-to-person contact. Call hotline for program information. Programs and services are being offered by phone and videoconferencings services.

Phone: 651-379-4200 **Website:** www.clues.org

Hours: Monday–Friday 8:30 am–5 pm.

Provides: Classes in English, computers, citizenship, and literacy; employment advocacy; small business assistance; women’s program; seniors program; chemical health and mental health assistance. Legal rights clinic, call 651-752-6677. The Minneapolis CLUES office has additional vocational, counseling, chemical dependency, health related programs, and GED preparation classes. Call 612-746-3500 for more information.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul MN 55106

Phone: 651-771-5494

Emergency/Protection Phone: 651-771-5494 ext. 302 and 306

Hours: Monday–Friday from 8 am–2 pm. and 3–5 pm.

Provides: The Mexican consulate serves to protect Mexicans and assist them with US government relations within its jurisdiction (MN/SD/ND/Western WI). It can assist with acquiring important documents like passports, birth certificates, military cards, and protection of rights.

Traducción de español

Comunidades Latinos Unidos en Servicios (CLUES)

797 East 7th Street, St. Paul MN 55106

Coronavirus Línea Directa: 651-768-0000 *Debido a la gravedad de la crisis de salud de COVID-19, las oficinas de CLUES están temporalmente cerradas al público para reducir el contacto de persona a persona. Durante este tiempo, los programas y servicios de CLUES están disponibles a través de servicios telefónicos y de videoconferencia.*

Teléfono: 651-379-4200 **El sitio web:** www.clues.org

Horas: de Lunes–Viernes de 8:30 am–5 pm.

Servicios: Consejería para jóvenes que tienen dependencia química; clases de ingles, computatdores, y ciudadanía; asistencia a pequeñas empresas. Consejería de Derechos Legales llamé 651-752-6677. La oficina de CLUES en Minneapolis tiene otro programas como: empleo, dependencia química, programas de salud y clases de GED. Llamar a 612-746-3500.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul MN 55106

Teléfono: 651-771-5494

Emergencia: 651-771-5494 ext. 302 and 306

Horas: Lunes a Viernes, 8 am–2 pm. y 3 pm–5 pm.

Servicios: Tramites, Nacionalidad, Acta de Nacimiento, Documentos y Apostilla, y servicios de Protección Consular. La salvaguarda y defensa de sus derechos fundamentales e intereses en sus relaciones de naturaleza civil, penal, laboral, administrativa, migratoria y judiciales con autoridades extranjeras y/o particulares. La jurisdicción del consulado es los estados de Minnesota, South Dakota, North Dakota, y el oeste de Wisconsin.

Vietnamese

Vietnamese Social Services of Minnesota

277 University Avenue West, St. Paul MN 55103

Phone: 651-632-8927 **Website:** www.vssmn.org

Hours: Monday–Friday 8:30 am–4 pm.

Provides: Services for Vietnamese refugees and immigrants. Elders: social/recreational activities for seniors and individual help in accessing medical and social services, Social Security, transportation, ESL classes, and US citizenship classes. Self-sufficiency: employment and job search/placement services and follow-up. Health Education: preventive health education and information; classes on topics such as chemical dependency, cancer, nutrition, and diabetes; and access to cancer screening. Literacy: English and Workplace English classes. There are also MNSure navigators to assist with health insurance questions. Translators available in Karen, Vietnamese and Burmese.

C. Help for Veterans

Minneapolis VA Community Resource & Referral Center (CRRC)

1201 Harmon Place, Minneapolis MN 55403

Phone: 612-313-3240

Hours: Monday through Friday 7 am–4 pm, walk-in; 4–5 pm by appointment only.

Provides: Counseling, medical care, employment services, housing referrals, veteran benefits information, and substance use disorder services. Laundry and shower facilities are available as well as other on-site community services, including a computer lab.

Minnesota Assistance Council for Veterans (MACV)

1000 University Ave. W. Ste 110, St. Paul MN 55104

Phone: 612-726-1327

Hours: 8 am–4 pm. Call to set up an intake.

Provides: Transitional housing, rental assistance, employment and legal services for veterans. Call for information about eligibility.

Minnesota Department of Veterans Affairs

1 Federal Dr., Rm. G220, St. Paul MN 55111 (*Henry Whipple Bldg.*)

Phone: 612-970-5662 (appeals office); Vet LinkageLine is toll-free 1-888-546-5838. Outreach supervisor: 218-209-0110.

Provides: Assistance in securing benefits for all veterans. Outreach department locates and assists minorities, female, and homeless veterans in an effort to meet the unique needs of these specific members of Minnesota's veterans community.

Ramsey County Veterans' Service

90 West Plato Blvd. Suite 210, St. Paul MN 55107

Phone: 651-266-2545

Hours: Monday–Friday, 8 am–4:30 pm.

Provides: Assistance to all veterans, veterans' dependents and survivors to apply for state, federal or county benefits. Veteran Service Office will help veterans access medical benefits and housing assistance through the VA Medical Center. If veterans benefits are not available staff can provide referrals to other sources of services.

Website: www.ramseycounty.us/residents/assistance-support/assistance/veterans-assistance.

St. Paul Vet Center

101 5th Street East, Suite 101, St. Paul MN 55101

Phone: 651-644-4022

Hours: Monday–Friday from 8 am–4:30 pm. Call for an appointment. Evening hours available by appointment.

Provides: Readjustment counseling services to Veterans, actively-serving military and their families who have experienced deployment to a warzone or area of hostility, military sexual trauma, or as part of a drone crew, and bereavement services. Vet Centers offer support services for employment, Veteran Benefits explanation, and therapies to help clients struggling with Substance Use Disorder, Anger Management, MST, PTSD, Depression, Anxiety and more.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3100 x3144

Provides: Transitional housing services for service-connected veterans at Harbor Light Center and scattered-site locations.

Remarks: Veterans must apply through VA Medical Center or at the Veteran's Community Resource and Referral Center (see page 53).

U.S. Department of Veterans Affairs

Mental Health Homeless Program outreaches to homeless veterans and provides information and counseling about benefits, chemical & mental health treatment, housing and other medical services.

Phone: 612-313-3240 (Monday–Friday 7 am–5 pm)

Outreach locations: Call for outreach schedule at these sites. Minneapolis: Catholic Charities Opportunity Center, Salvation Army Harbor Light Center, Simpson Shelter. St. Paul: Dorothy Day Center, Union Gospel Mission, Listening House.

Veterans Welcome Center—MCTC

1501 Hennepin Avenue South #T.3406, Minneapolis MN 55403

Phone: 612-659-6580

Hours: Monday through Thursday from 8:30 am—4 pm.

Provides: Currently serving/prior service members and Veterans thinking about or starting a path of higher education can take a FREE 2-credit course at Minneapolis College. The credits may apply to earning an Associate's Degree. Students and prospective students can also get information about how to access any entitled benefits, services, or resources.

Remarks: Free for veterans, military service members, and their dependents.

D. Victims of Abuse and Crime

Women & Children

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111.
Text to 612-399-9995.

Provides: Crisis advocates are available to talk confidentially with anyone experiencing domestic violence, sexual violence or human trafficking. Emergency housing for families and individuals in crisis who are victims of domestic abuse, sexual abuse or trafficking. Clients also have access to full range of supportive services.

Remarks: Can provide a variety of resources to those seeking information, including referrals to support groups, possible transitional housing and options for legal advocacy.

Esperanza United (formerly Casa de Esperanza)

Crisis/Intake phone: 651-772-1611 (24-hours; bilingual)

Provides: Safe shelter for women and children. Support for LGBTQ community members.

Services: Will help women find transitional housing as well as apply for welfare assistance if needed; community advocacy program for Latinas also available. Bilingual (English/Spanish) staff.

PRIDE / The Family Partnership

1527 East Lake Street, Minneapolis MN 55407

Phone: 612-728-2065

24-hr crisis line: 612-728-2062 / 1-888-PRIDE99

Remarks: PRIDE serves women and sexually-exploited youth who are victims of sex trafficking/sex exploitation. They have support groups for individuals who are at risk or involved in prostitution. Case management and court advocacy, and LGBTQ services are provided.

Women of Nations—Eagle's Nest Shelter

24-Hour Crisis/Intake phone: 651-251-1609 or 1-877-209-1266

Provides: Safe shelter for 44 women, children and transgender individuals who are victims of domestic violence. Can provide referrals if needed.

Services: Community Advocacy Program provides assistance with Orders for Protection, housing, food, support groups and childrens programs. Emergency center for domestic abuse victims.

Women's Advocates

24/7 Crisis Line: 651-227-8284

Live Chat: www.wadvocates.org/find-help/

Provides: We provide 24-hour support to victim-survivors of domestic violence on our 24/7 crisis line and live chat online; secured shelter housing for victim-survivors and their children leaving abuse; advocates who work within the legal system to write orders for protection and other legal documents; advocates who provide childcare and tutoring for children residing in-shelter; advocates who provide support for victim-survivors searching for or maintaining safe, affordable housing

Remarks: Some services are for shelter residents only. Please contact us via the 24/7 Crisis Line or live chat to learn more.

Men and Women (Adults and Youth)

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111. Text to 612-399-9995.

Provides: Emergency housing for families and individuals in crisis who are victims of domestic abuse, sexual abuse or trafficking;. Clients also have access to full range of supportive services. Male victims receive safe and comfortable alternative housing while also accessing comprehensive services.

Domestic Abuse Project, Inc.

1121 Jackson Street NE, Suite 105, Minneapolis MN 55413

Phone: 612-874-7063 ext. 232

Hours: Monday, Wednesday and Thursday 9 am–7 pm; Tuesday 9 am–6 pm; Friday 9 am–3 pm. Intake currently is being done virtually.

Provides: Crisis counseling, intervention, long term counseling and support groups; therapy for families, and a support group for veterans. Legal and community advocacy programs are offered, as well as groups for children and adolescents who witness domestic violence.

Remarks: Services are for individuals who use abusive behaviors, victims/survivors of domestic violence, and children witnesses. All services are on a sliding scale based on ability to pay.

OutFront Minnesota

2446 University Ave W., Suite 112, St. Paul MN 55114

Phone: 612-822-0127 or toll-free 1-800-800-0350

24-hour crisis hotline: 612-822-0127, Option 3

Website: <https://www.outfront.org/crisis-anti-violence>

Provides: Advocacy, information, support, counseling and safe-house referrals for victims of domestic violence. Serves the whole LGBTQ community. Offers free support groups for survivors of partner violence.

Order for Harassment Restraining—Ramsey County

Room B122 Juvenile & Family Justice Center

25 West 7th Street, St. Paul MN 55102

Phone: 651-266-5130

Hours: Mon–Fri 8 am–4:30 pm; walk-in available.

Remarks: For anyone who has experienced repeated or single-incident words, gestures or behavior that would threaten their safety, security, and privacy. No relationship need exist between persons. There is a fee to file (\$300), but it can be waived sometimes, so bring proof of income with you. If interpreter is needed, call to make an appointment.

Order for Protection—Ramsey County

25 West 7th Street Room B122, St. Paul MN 55102

Phone: 651-266-5130

Hours: Mon–Fri 8 am–4:30 pm; walk-ins available.

Remarks: For people living together (or have lived together) or for people who are related by blood, married, divorced, or who have a child in common. There must be actual or threatened violence or imminent fear in the recent past. There is no fee to file. If interpreter is needed, call to make an appointment.

Order for Protection—Metro Area

Hennepin County: 612-348-5073

Washington County: 651-770-0777 (24-hour crisis line)

Dakota County: 651-377-7900

Note: Court Operations Associates are here to provide you with information regarding Orders for Protection and Harassment Restraining Orders. We strongly encourage you to fill out paperwork and file your documents online through MN Guide and File (www.mncourts.gov/Help-Topics/Guide-and-File.aspx). MN Guide and File is a web-based electronic tool that helps you create and file forms online. If this technology is not available to you, we have a computer in our office that you may use, or we can provide you the packets in paper form. Once you have completed your paperwork and submitted it to our office, either in paper form or electronically, the Court Operations Associates will process your paperwork and forward your pleadings to a judicial officer for review. You will be contacted by our office with the judicial officer's decision and next steps.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. Eligible participants will receive a free cell phone, as well as a monthly service that includes unlimited talk, unlimited text, and 10 gigabytes of data each month. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

E. Legal Assistance

Immigrant Law Center of Minnesota-Oficina Legal

450 North Syndicate Street, Ste 200, St. Paul MN 55104

Intake Phone: 651-641-1011 **Toll-free Intake:** 800-223-1368

Intake hours: Monday, Tuesday, Wednesday 9 am–4 pm; Thursday 1–7:30 pm. *During COVID physical office is closed. Intake via phone only.*

Provides: Legal representation, brief services, and advice in various immigration matters to low-income immigrants and refugees of all nationalities.

Remarks: No fee for services for those who qualify; interpreter services are available as needed.

Neighborhood Justice Center

500 Laurel Avenue, St. Paul MN 55102

Phone: 651-222-4703

Hours: Monday–Friday 8:30 am–4:30 pm; Call for appointment.

Provides: Legal representation for people who are charged with crimes in Ramsey, Dakota and Washington Cos who cannot afford an attorney. Also does expungement for those three counties.

Remarks: Services are provided on a sliding fee based on income. Representation also available for Hmong, Spanish-speaking and Somali people.

Southern Minnesota Regional Legal Services (SMRLS)

55 East 5th Street, #400, St. Paul MN 55101

Intake Phone: 1-877-696-6529

Intake Hours: Monday–Friday 9 am–11:45 am and 12:30–3 pm or online anytime at www.smrls.org.

Provides: Legal advice and representation in housing, public assistance, family law, education, and immigrations cases. Clients must meet eligibility factors including those based upon income.

Remarks: In-office meetings are by appointment only.

Tubman Legal Services

4432 Chicago Avenue South, Minneapolis MN 55407

Phone: 612-870-2400 **TTY for hard-of-hearing:** 612-821-4757

Hours: Hours vary. Call for more information.

Provides: Legal advice and representation support services for family law matters.

Remarks: Fees vary based on services. Half hour individual appointments available.

Your right to file a charge of discrimination is protected by law. If you are a victim of a reprisal or further harassment because you have filed a complaint, you should notify the Department of Human Rights immediately.

Minnesota Department of Human Rights

540 Fairview Avenue North, St. Paul MN 55104

Phone: 1-800-657-3704

Website: www.humanrights.state.mn.us

Hours: Monday–Friday 8 am–4:30 pm, excluding holidays.

Remarks: The Minnesota Human Rights Department enforces the Human Rights Act which prohibits discrimination. We investigate charges of discrimination, Equity and Inclusion for state contracting and Educate to reduce discrimination and disparate outcomes.

F. Police Misconduct

If you are the victim of police misconduct or abuse you should do several things:

- seek medical attention
- write down the details right away
- photograph the injuries
- contact witnesses, if any

If you think you were discriminated against on the basis of age, ancestry, color, creed, gender, national origin, religion, or sexual preference, contact:
St. Paul Dept. of Human Rights and Equal Economic Opportunity
15 West Kellogg Blvd. Room 280 (City Hall-Courthouse)

Phone: 651-266-8966

Hours: Monday–Friday 8 am–4:30 pm.

Federal Bureau of Investigation (FBI)

1501 Freeway Blvd., Brooklyn Center MN 55430

Phone: 763-569-8000

The FBI investigates cases of police misconduct as they relate to the Federal Civil Rights Law. If you should witness or be a victim of police misconduct, call the FBI and ask to speak to someone about a civil rights matter.

Remarks: You may also make a complaint online at www.ic3.gov or at www.fbi.org.

St. Paul Police-Civilian Internal Affairs Review Commission

15 West Kellogg Blvd. Room 280, St. Paul MN 55102

Phone: 651-266-8970 **Website:** www.stpaul.gov/pciarc

Email: CivilianReview@ci.stpaulmn.us

Hours: Monday-Friday, 8 am–4:30 pm.

Remarks: The Police-Civilian Internal Affairs Review Commission is a partnership between the community and the St. Paul Police Dept. The City established the commission to receive and review complaints concerning the conduct of St. Paul peace officers.

Procedure: If you feel you or someone else has been treated improperly or unfairly by a St. Paul peace officer, you can file a complaint with the Commission. To file a complaint, you must have been a victim of the misconduct or witnessed it. You must also sign a complaint. The complaint must concern misconduct of a peace officer in their work *as an officer*.

Citizen Complaint Centers can also assist with filing a complaint:

1. NAACP 651-649-0520

2. Neighborhood Justice Center 651-222-4703

3. District 2 Community Council 651-774-2220

4. West Side Community Organization 651-293-1708

G. Programs for Ex-Offenders

VOA-MN/Amicus

3041 4th Avenue South, Minneapolis MN 55407

Phone: 612-877-4250

Hours: Monday–Friday 9 am–12 pm and 1–3 pm.

Remarks: “Reconnect,” is a referral program for re-entering individuals who are searching for jobs, housing, family services, transportation, clothing, sobriety supports and other needs. Available to individuals in all Minnesota facilities (state and federal), whether just out or years after release from incarceration. A variety of support groups and mentoring is offered. Call for more information.

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Order Form for the 2022–2023 St. Paul Handbook of the Streets:

Name _____

Agency _____

Address _____

City, ST ZIP _____

Phone: _____

Email: _____

Handbook of the Streets orders are now billed based on total number of books ordered.

Bulk Rate per copy	# of Copies of St. Paul Handbook	Cost per Book	Total Cost
1–10		\$3.00	
11–25		\$2.50	
26–100		\$2.00	
101+		\$1.50	

Total number of copies: _____

Postage and handling (see chart below): \$ _____

Amount due:

(A) Cost of books: \$ _____

+ (B) Postage: + \$ _____

= TOTAL DUE = \$ _____

Total Copies	Add Postage
1	\$2.75
2-15	\$6.50
16-30	\$9.00
31-60	\$12.00
61-80	\$18.00
81-100	\$22.00
101-150	\$29.00
151+	Call for total

Check made payable to:
Agate Housing and Services

Mail to:
Agate Housing and Services
Attn: Handbook
2309 Nicollet Avenue
Minneapolis, MN 55404
Phone: 612-870-2283

About Agate Housing and Services

The mission of Agate Housing and Services is to end homelessness and relieve hunger through action and advocacy. Our primary goal is to support and empower people experiencing homelessness in achieving permanent housing and independence. We meet people where they are, working together toward self-sufficiency and housing stability.

Street Outreach

The Street Outreach team works with people sleeping outside or in places unfit for human habitation. The team provides on-the-spot services to ensure safety and survival for people experiencing homelessness, while helping clients address their barriers to housing.

Shelter

Agate provides emergency shelter to up to 94 individuals experiencing homelessness each night. In addition to providing meals, access to showers, and a safe place to sleep, staff at our shelter locations provide coordination of services to assist guests in meeting their long-term goals.

Housing

Our range of housing programs provide access to scattered-site, affordable housing for single adults and families, and permanent supportive housing units at our 510 building and Park7. Our prevention programs help households remain stably housed through a range of services from short-term assistance to ongoing case management.

Substance Use Disorder / Mental Health Treatment

Kyros provides outpatient treatment at our Day by Day program to people living with a substance use disorder and mental illness while also experiencing homelessness.

Food Centre and Food Shelf

A daily lunch meal is served 365 days a year, both in the Food Centre and catered to shelter guests. The Food Shelf operates every Wednesday.



Agate Housing and Services

2309 Nicollet Avenue
Minneapolis MN 55404
612-874-0311
www.agatemn.org